



Medicare Supplement Enrollment Kit

Take the first steps on your journey to a healthier, happier lifestyle.

Enrollment kit booklet effective April 2024
Blue Shield of California rates effective July 1, 2024

What's inside

This kit contains important information for you to review before enrolling, including:

- Why choose Blue?
- Benefits and services beyond Original Medicare
- Opportunity for additional savings
- Summary of Benefits
- Rate Sheets
- Guaranteed Acceptance Guide
- Dental plan information

How to enroll

1 Pre-enrollment checklist

2 Understanding the timeline

3 Enrollment forms

What our plan offers

✓ Vision

✓ Hearing aid services

✓ Over-the-counter items benefit (OTC)

✓ Personal Emergency Response System (PERS)

✓ SilverSneakers® fitness and wellness programs

✓ Acupuncture and chiropractic services



Have questions? Call us at (855) 217-1539 (TTY: 711)

We're available 8 a.m. to 8 p.m., 7 days a week from October 1 through March 31, and 8 a.m. to 8 p.m., Monday through Friday from April 1 through September 30.

Learn more online at blueshieldca.com/MedSupp2024.

Why choose Blue Shield

Blue Shield of California's mission is to ensure all Californians have access to high-quality health care at an affordable price.

As such, we know that there are two things that are most important when choosing a Medicare Supplement plan:



How much does my plan cost?

Use the Summary of Benefits and Rate Sheets – located in this kit – to compare what you will pay with our plan versus other plans.



Can I still see my doctor?

You can go to any medical doctor who accepts Medicare anywhere in the United States.

More reasons to choose Blue Shield

Flexibility and savings¹

You can choose from many different Medicare Supplement plans designed to fit your needs and budget. You can also complement your Medicare Supplement coverage with Medicare Part D prescription drug coverage and dental plans. We also have savings programs that give you the opportunity to save on your monthly plan dues.

Opportunity for additional savings



Welcome to Medicare Rate Savings¹

New to Medicare? Then, we want to welcome you! You can save \$25 each month for the first 12 months on your Medicare Supplement plan rates if you're new to Medicare Part B.¹ To qualify, you must be age 65 or older, and Blue Shield must receive your application within six months of the date you first enrolled for benefits under Medicare Part B. The savings will be in effect for the first 12 months of your plan dues.



Member dental plan savings¹

You can save \$3 each month for the first six months on your dental plan rates if you enroll in a dental plan at the same time you enroll in any Blue Shield Medicare Supplement plan.¹



AutoPay

AutoPay is a simple, convenient way to pay your dues. Simply authorize Blue Shield to automatically withdraw the monthly dues from your personal checking or savings account each month. By choosing this method, you will save \$3 per month on your plan dues.^{1,2}

To enroll, after receiving and paying for your first bill, register for and log in to your Blue Shield account at **blueshieldca.com** and go to the Billing and Payment tab. You may also call Customer Service at **(800) 248-2341 (TTY: 711)**, 8 a.m. to 8 p.m., seven days a week, year-round. Requests to enroll in AutoPay may take up to two billing cycles for completion. You should pay all paper bills you receive until you receive a letter confirming registration in the AutoPay program.^{1,2}



Household Savings Program¹

If you and another member of your household are age 65 or older and are accepted in the same benefit plan type, you may be eligible for a 7% monthly savings on your combined medical dues when coverage is issued under one agreement.¹

Both members must share the same home, mailing, and billing address. For more information, please ask your Blue Shield representative for eligibility and details about our Household Savings Program.

Please note: If you are currently enrolled in a Medicare Supplement plan, you may transfer to a plan of equal or lesser value during your annual open enrollment period, which begins every year on the first day of your birthday month and ends 60 days after your birthday. However, if you have the Household Savings Program and change to a benefit plan that is different from the one the other member of your household has, you will no longer be eligible for the 7% savings.

¹ Savings due to increased efficiencies from administering Medicare Supplement plans under this program/service are passed along to the subscriber. Household Savings Program does not apply to tobacco users. Welcome to Medicare Rate Savings does not apply to Plan N.

² \$3 savings per month up to six months.

Benefits and services beyond Original Medicare

Plan F Extra benefits

Personal Emergency Response System (PERS)

- To keep you safe and independent, we offer an emergency alert monitoring system from LifeStation that provides access to help 24/7 at the push of a button.

LifeStation’s state-of-the-art services keep you connected to your caregiver network through easy-to-use technology and robust platforms – including in-home systems or mobile devices with GPS/WiFi and fall detection. An experienced care specialist can then contact emergency services, caregivers, or loved ones – quickly getting you the help you need.

LifeStation’s services are designed to allow you to remain self-sufficient in your own home while keeping you connected to all that life has to offer.

Hearing aid services benefit

Includes an annual in-person routine hearing test and a copay for a Silver (mid-level) and Gold (premium-level) hearing aids from EPIC Hearing Healthcare.

Vision benefits

Includes coverage for exams, frames, eyeglasses, or contact lenses.²

Note: Plan F Extra is only available to applicants who attained age 65 before January 1, 2020, or who first became eligible for Medicare benefits due to disability before January 1, 2020.

Plan G Extra benefits



Teladoc

Teladoc provides physician consultations by phone or video. Teladoc physicians can diagnose and treat many non-emergent medical conditions and can also prescribe certain medications. You may contact Teladoc by phone 24 hours a day, seven days a week at **(800) 835-2362 (TTY: 711)**, by secure video at **blueshieldca.com/teladoc** and logging into your account, or by downloading the Blue Shield mobile app and clicking on Teladoc. You will fill out a medical history when first registering so that Teladoc physicians can best support your care. Teladoc is an additional service that is not intended to replace care from your physician.



Over-the-counter items through CVS

Eligible over-the-counter (OTC) items such as first-aid supplies, allergy remedies, reading glasses, cough and cold medicines, and more are available through the over-the-counter (OTC) items benefit. See Summary of Benefits for benefit details.¹



Hearing aid services benefit

Includes an annual in-person routine hearing test and a copay for a Silver (mid-level) and Gold (premium-level) hearing aids from EPIC Hearing Healthcare.



Vision benefits

Includes coverage for exams, frames, eyeglasses, or contact lenses.²

¹ You can place two orders per quarter. Unused allowance cannot be rolled over into the next quarter. Some limitations may apply. Refer to OTC Items Catalog for more information.

² Vision benefits include coverage for costs that are not traditionally covered by Original Medicare, such as eye exam, frames, eyeglass lenses, or contact lenses.

Plan G Extra additional benefits



Acupuncture & chiropractic services

Suffering from tension headaches or joint and back pain? If you would like to take a different approach from traditional medicine, your Blue Shield plan provides alternative healing coverage through American Specialty Health Plans of California, Inc. (ASH Plans). These acupuncture and chiropractic services allow up to 20 combined visits per calendar year, including the initial exam and subsequent office visits. Care must be received from ASH Participating Providers.



SilverSneakers fitness and wellness programs

SilverSneakers is designed to help you live a healthier, more active life through fitness and social connection. With SilverSneakers, you have a fitness benefit at no additional cost. You can attend at participating locations¹ where you can take SilverSneakers instructor-led group classes² plus use of exercise equipment and other amenities.

SilverSneakers also connects you to a support network and virtual resources through SilverSneakers LIVE classes, SilverSneakers On-Demand™ videos, and our mobile app, SilverSneakers GO™. Always talk with your doctor before starting an exercise program.

¹ Participating locations (“PL”) are not owned or operated by Tivity Health, Inc. or its affiliates. Use of PL facilities and amenities is limited to terms and conditions of PL basic membership. Facilities and amenities vary by PL.

² Membership includes SilverSneakers instructor-led group fitness classes. Some locations offer members additional classes. Classes vary by location.

Well-being support and resources

We want to help you stay healthy, so we offer tools and information that can assist you in making healthy lifestyle choices and healthcare decisions, including:



Senior Wellness Assessment

Regular wellness assessments are a great way to know where you stand and help identify issues that may be important to discuss with your healthcare team. Once you take it, share your results with your physician so that you can work toward your health and longevity goals. To get started, visit blueshieldca.com/hra.



NurseHelp 24/7SM

Connect with a registered nurse who will listen and offer you immediate, reliable information about treating minor illnesses and injuries, help you choose the most appropriate treatment, and help you decide whether to see a doctor. Chat online at blueshieldca.com/nursehelp or call **(877) 304-0504 (TTY: 711)**, 24 hours a day, seven days a week.



Wellvolution

You also have access to our award-winning Wellvolution[®] digital health program at no extra cost. All Wellvolution programs are app-based and created to help you with your health goals such as losing weight, managing stress, treating type 2 diabetes, and quitting tobacco. These programs work on mobile devices (phones and tablets) and computers and can be used whenever it fits your schedule. To sign up or learn more, visit Wellvolution.com.

Pre-enrollment checklist



Compare plan types

Use the Summary of Benefits and Rate Sheets to compare plan types for the best choice to fit your needs and budget.



See if you qualify for guaranteed acceptance

Certain situations qualify you for guaranteed acceptance in a Blue Shield Medicare Supplement plan. If you qualify for guaranteed acceptance into a Blue Shield Medicare Supplement plan, you will not be required to complete a health statement. Please read our Guaranteed Acceptance Guide included in this booklet or visit blueshieldca.com/MedSupp2024 to determine if you qualify.



Locate your Medicare ID card

When you apply, make sure to have your Medicare ID card available, or some form of proof that you are entitled to Medicare.

Ways to apply



In-person

Meet with your local authorized agent or call the number below to speak with a Blue Shield representative to set up an appointment.



By phone

Call us at **(855) 217-1539 (TTY: 711)**

We're available 8 a.m. to 8 p.m., 7 days a week from October 1 through March 31, and 8 a.m. to 8 p.m., Monday through Friday from April 1 through September 30.



Online

Visit blueshieldca.com/MedSupp2024 to conveniently enroll on your own time.



By mail

Fill out the enclosed application form and mail to the address located on the enrollment form.



By fax

Fax the enclosed application form to **(877) 251-3660**.

What to expect next

- 1 Confirmation**

Within 10 days of enrollment, you will receive a confirmation enrollment letter in the mail. It is also confirmation that Medicare has approved your enrollment.
- 2 Welcome package including ID card**

Welcome package that includes your ID card. This kit gives you a full explanation of how to use your new plan. Be sure to read the plan's *Evidence of Coverage* (EOC). Present your ID card every time you receive healthcare services.



Have questions? Call us at (855) 217-1539 (TTY: 711)

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and 8 a.m. to 8 p.m., Monday through Friday from April 1 through
September 30.

Learn more online at blueshieldca.com/MedSupp2024.

Key terms to know

Coinsurance

An amount you may be required to pay as your share of the cost for services after you pay any deductibles. Coinsurance is usually a percentage (for example, 20%).

Copayment (copay)

An amount you may be required to pay as your share of the cost for services. An amount you may be required to pay as your share of the cost for services after you pay any deductibles. A copayment is usually a set amount rather than a percentage. For example, you might pay \$10 or \$20 for a doctor's visit.

Cost share

An amount you may be required to pay as your share of the cost for a medical service or supply, like a doctor's visit, hospital outpatient visit, or prescription drug. This amount can include copayments, coinsurance, and deductibles.

Deductible

The amount you must pay for health care or prescriptions before Original Medicare, your prescription drug plan, or your other insurance begins to pay.

Medicare Part A

Part A covers inpatient hospital stays, care in a skilled nursing facility, hospice care, and some home health care.

Medicare Part B

Part B covers certain doctor's services, outpatient care, medical supplies, and preventive services.

Out-of-pocket costs

Health care or prescription¹ drug costs you must pay on your own.

Premium, rate, or dues

The monthly amount you pay for your Medicare Supplement coverage or dental plan if you choose to enroll.

¹ Medicare Supplement plans do not cover the cost of prescription drugs.



Acupuncture and chiropractic benefits are limited to a combined visit maximum per calendar year. Acupuncture and chiropractic Services: For all acupuncture and chiropractic Services, Blue Shield has contracted with [American Specialty Health Plans of California, Inc. (ASH Plans)] to act as the plan's acupuncture and chiropractic services administrator.

LifeStation is an independent entity that administers services on behalf of Blue Shield of California.

EPIC Hearing Healthcare is an independent entity that administers services on behalf of Blue Shield of California.

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Blue Shield offers Teladoc to all Medicare Advantage, and Medicare Supplement Plan G Extra members.

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NurseHelp 24/7 is a service mark of Blue Shield of California. NurseHelp 24/7 is a healthcare advice line. Nurses do not provide medical services for treatment or diagnosis.

You may receive services from providers on an in-person basis or via telehealth, if available. Contact your provider, treating specialist, facility, or other health professional to learn more. Telehealth and in-person services are subject to the same timeliness and geographic access standards. You are subject to your Medicare Supplement plan's cost-sharing obligations and balance-billing protections.

Wellvolution is a registered trademark of Blue Shield of California. Wellvolution and all associated digital and in-person health programs, services, and offerings are managed by Solera, Inc. These program services are not a covered benefit of Blue Shield health plans and none of the terms or conditions of Blue Shield health plans apply. Blue Shield reserves the right to terminate this program at any time without notice. Any disputes regarding Wellvolution may be subject to Blue Shield's grievance process.

Language Assistance Notice

For assistance in English at no cost, call the toll-free number on your ID card. You can get this document translated and in other formats, such as large print, braille, and/or audio, also at no cost. Para obtener ayuda en español sin costo, llame al número de teléfono gratis que aparece en su tarjeta de identificación. También puede obtener gratis este documento en otro idioma y en otros formatos, tales como letra grande, braille y/o audio. 如欲免費獲取中文協助，請撥打您 ID 卡上的免費電話號碼。您也可免費獲得此文件的譯文或其他格式版本，例如：大字版、盲文版和/或音訊版。

The company complies with applicable state laws and federal civil rights laws and does not discriminate, exclude people, or treat them differently on the basis of race, color, national origin, ethnic group identification, medical condition, genetic information, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, mental disability, or physical disability. La compañía cumple con las leyes de derechos civiles federales y estatales aplicables, y no discrimina, ni excluye ni trata de manera diferente a las personas por su raza, color, país de origen, identificación con determinado grupo étnico, condición médica, información genética, ascendencia, religión, sexo, estado civil, género, identidad de género, orientación sexual, edad, ni discapacidad física ni mental. 本公司遵守適用的州法律和聯邦民權法律，並且不會以種族、膚色、原國籍、族群認同、醫療狀況、遺傳資訊、血統、宗教、性別、婚姻狀況、性別認同、性取向、年齡、精神殘疾或身體殘疾而進行歧視、排斥或區別對待他人。

Blue Shield Medicare Supplement plans

Summary of benefits and provisions

Benefit plans A, F Extra, G, G Extra, and N

Effective July 1, 2024

blueshieldca.com/medicaresupplement



Blue Shield of California Medicare Supplement plans

Please take a few minutes to review the information in this booklet.

Benefit chart of Medicare Supplement plans2

Charts comparing Blue Shield’s five Medicare Supplement plans

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Benefit chart of Medicare Supplement plans sold on or after July 1, 2024

This chart shows the benefits included in each of the standard Medicare Supplement plans. Every insurance company must offer Plan A. Some plans may not be available. Blue Shield offers plans A, F Extra, G, G Extra, and N, which are shaded in gray in the chart below.

Benefits	Plans Available to All Applicants				
	A	B	D	G ¹	G Extra
Medicare Part A coinsurance and hospital coverage (up to an additional 365 days after Medicare benefits are used up)	✓	✓	✓	✓	✓
Medicare Part B coinsurance or Copayment	✓	✓	✓	✓	✓
Blood (first three pints)	✓	✓	✓	✓	✓
Part A hospice care coinsurance or copayment	✓	✓	✓	✓	✓
Skilled nursing facility coinsurance			✓	✓	✓
Medicare Part A deductible		✓	✓	✓	✓
Medicare Part B deductible					
Medicare Part B excess charges				✓	✓
Foreign travel emergency (up to plan limits)			✓	✓	✓
Fitness program	✓		✓	✓	✓
Hearing aid services					✓
Vision services					✓
Acupuncture and chiropractic services					✓
Personal Emergency Response System (PERS)					
Teladoc					✓
Over-the-counter items					✓
Out-of-pocket limit in 2024 ²					

- Plans F and G also have a high deductible option which require first paying a plan deductible of \$2,800 before the plan begins to pay. Once the plan deductible is met, the plan pays 100% of covered services for the rest of the calendar year. High deductible plan G does not cover the Medicare Part B deductible. However, high deductible plans F and G count your payment of the Medicare Part B deductible toward meeting the plan deductible.
- Plans K and L pay 100% of covered services for the rest of the calendar year once you meet the out-of-pocket yearly limit.
- Plan N pays 100% of the Part B coinsurance, except for a co-payment of up to \$20 for some office visits and up to a \$50 co-payment for emergency room visits that do not result in an inpatient admission.

Basic benefits

Hospitalization

- Part A coinsurance plus coverage for 365 additional days after Medicare benefits end.

Blood

- First three pints of blood each year.

Medical expenses

- Part B coinsurance (generally 20% of Medicare-approved expenses) or copayments for hospital outpatient services. Plans K, L, and N require the insured to pay a portion of Part B coinsurance or copayments.

Hospice

- Part A coinsurance.

Plans Available to All Applicants				Medicare first eligible before 2020 only ⁴		
K	L	M	N	C	F ¹	F Extra
✓	✓	✓	✓	✓	✓	✓
50%	75%	✓	✓ copays apply ³	✓	✓	✓
50%	75%	✓	✓	✓	✓	✓
50%	75%	✓	✓	✓	✓	✓
50%	75%	✓	✓	✓	✓	✓
50%	75%	50%	✓	✓	✓	✓
					✓	✓
		✓	✓	✓	✓	✓
			✓	✓	✓	✓
						✓
						✓
						✓
\$7,060 ²	\$3,530 ²					

⁴ Plan F Extra is only available to applicants who attained age 65 before January 1, 2020, or first became eligible for Medicare benefits due to disability before January 1, 2020.

DISCLOSURES

Use this outline to compare benefits and charges among policies.

INFORMATION ABOUT PREPAID OR PERIODIC CHARGES

Blue Shield can only raise your charges if it raises the charges for all contracts like yours in the state. Your dues will automatically increase annually on July 1st and the amount due will be based on your attained age on that date.

If you're applying more than 60 days before your effective date, the rates listed are subject to change.

READ YOUR POLICY VERY CAREFULLY

This is only an outline describing the most important features of your Medicare Supplement plan contract. This is not the plan contract, and only the actual contract provisions will prevail. You must read the contract itself to understand all of the rights and duties of both you and Blue Shield of California.

RIGHT TO RETURN POLICY

If you find that you are not satisfied with your contract, you may return it to **Blue Shield of California, 601 12th St, Oakland, CA 94607**. If you send the contract back to us within 30 days after you receive it, we will treat the contract as if it had never been issued, and will return all of your payments.

POLICY REPLACEMENT

If you are replacing other health coverage, **do NOT** cancel it until you have actually received your new contract and are sure you want to keep it.

NOTICE

This contract may not fully cover all of your medical costs. Neither Blue Shield of California nor its agents are connected with Medicare.

This outline of coverage does not give all the details of Medicare coverage. Contact your local Social Security office or consult "The Medicare Handbook" for further details and limitations applicable to Medicare.

COMPLETE ANSWERS ARE VERY IMPORTANT

When you fill out the application for the new contract, be sure to answer truthfully and completely all questions about your medical and health history. The company may cancel your contract and refuse to pay any claims if you leave out or falsify important medical information.

Review the application carefully before you sign it. Be certain that all information has been properly recorded.

PLAN A

MEDICARE (PART A) HOSPITAL SERVICES – PER BENEFIT PERIOD

* A benefit period begins on the first day you receive service as an inpatient in a hospital and ends after you have been out of the hospital and have not received skilled care in any other facility for 60 days in a row.

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
HOSPITALIZATION* - Semiprivate room and board, general nursing, and miscellaneous services and supplies			
First 60 days	All but \$1,632	\$0	\$1,632 (Part A deductible)
61 st through 90 th day	All but \$408 a day	\$408 a day	\$0
91 st day and after: While using 60 lifetime reserve days	All but \$816 a day	\$816 a day	\$0
Once lifetime reserve days are used: • Additional 365 days	\$0	100% of Medicare-eligible expenses	\$0**
• Beyond the additional 365 days	\$0	\$0	All costs
SKILLED NURSING FACILITY CARE* - You must meet Medicare's requirements, including having been in a hospital for at least three days and entered a Medicare-approved facility within 30 days after leaving the hospital.			
First 20 days	All approved amounts	\$0	\$0
21 st through 100 th day	All but \$204 a day	\$0	Up to \$204 a day
101 st day and after	\$0	\$0	All costs
BLOOD			
First 3 Pints	\$0	3 pints	\$0
Additional Amounts	100%	\$0	\$0
HOSPICE CARE			
You must meet Medicare's requirements, including a doctor's certification of terminal illness.	All but very limited copayment/coinsurance for outpatient drugs and inpatient respite care	Medicare copayment/coinsurance	\$0

** NOTICE: When your Medicare Part A hospital benefits are exhausted, the insurer stands in the place of Medicare and will pay whatever amount Medicare would have paid for up to an additional 365 days as provided in the policy's "Core Benefits." During this time, the hospital is prohibited from billing you for the balance based on any difference between its billed charges and the amount Medicare would have paid.

PLAN A

MEDICARE (PART B) MEDICAL SERVICES – PER CALENDAR YEAR

* Once you have been billed \$240 of Medicare-approved amounts for covered services (which are noted with an asterisk), your Part B deductible will have been met for the calendar year.

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
MEDICAL EXPENSES - IN OR OUT OF THE HOSPITAL AND OUTPATIENT HOSPITAL TREATMENT , such as physician's services, inpatient and outpatient medical and surgical services and supplies, physical and speech therapy, diagnostic tests, durable medical equipment.			
First \$240 of Medicare-approved amounts*	\$0	\$0	\$240 (Part B deductible)
Remainder of Medicare-approved amounts	Generally 80%	Generally 20%	\$0
Part B excess charges (above Medicare-approved amounts)	\$0	\$0	All costs
BLOOD			
First 3 Pints	\$0	All costs	\$0
Next \$240 of Medicare-approved amounts*	\$0	\$0	\$240 (Part B deductible)
Remainder of Medicare-approved amounts	80%	20%	\$0
CLINICAL LABORATORY SERVICES - TEST FOR DIAGNOSTIC SERVICES			
	100%	\$0	\$0

PLAN A

PARTS A & B

* Once you have been billed \$240 of Medicare-approved amounts for covered services (which are noted with an asterisk), your Part B deductible will have been met for the calendar year.

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
HOME HEALTH CARE MEDICARE-APPROVED SERVICES			
Medically necessary skilled care services and medical supplies	100%	\$0	\$0
Durable medical equipment First \$240 of Medicare-approved amounts*	\$0	\$0	\$240 (Part B deductible)
Remainder of Medicare-approved amounts	80%	20%	\$0

OTHER BENEFITS – NOT COVERED BY MEDICARE

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
BASIC GYM ACCESS THROUGH SILVERSNEAKERS® FITNESS PROGRAM			
	\$0	100%	\$0

PLAN F EXTRA

MEDICARE (PART A)

HOSPITAL SERVICES – PER BENEFIT PERIOD

* A benefit period begins on the first day you receive service as an inpatient in a hospital and ends after you have been out of the hospital and have not received skilled care in any other facility for 60 days in a row.

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
HOSPITALIZATION* - Semiprivate room and board, general nursing, and miscellaneous services and supplies			
First 60 days	All but \$1,632	\$1,632 (Part A deductible)	\$0
61 st through 90 th day	All but \$408 a day	\$408 a day	\$0
91 st day and after: While using 60 lifetime reserve days	All but \$816 a day	\$816 a day	\$0
Once lifetime reserve days are used: • Additional 365 days	\$0	100% of Medicare-eligible expenses	\$0**
• Beyond the additional 365 days	\$0	\$0	All costs
SKILLED NURSING FACILITY CARE* - You must meet Medicare's requirements, including having been in a hospital for at least three days and entered a Medicare-approved facility within 30 days after leaving the hospital.			
First 20 days	All approved amounts	\$0	\$0
21 st through 100 th day	All but \$204 a day	Up to \$204 a day	\$0
101 st day and after	\$0	\$0	All costs
BLOOD			
First 3 Pints	\$0	3 pints	\$0
Additional amounts	100%	\$0	\$0
HOSPICE CARE			
You must meet Medicare's requirements, including a doctor's certification of terminal illness.	All but very limited copayment/coinsurance for outpatient drugs and inpatient respite care	Medicare Copayment/Coinsurance	\$0

** NOTICE: When your Medicare Part A hospital benefits are exhausted, the insurer stands in the place of Medicare and will pay whatever amount Medicare would have paid for up to an additional 365 days as provided in the policy's "Core Benefits." During this time, the hospital is prohibited from billing you for the balance based on any difference between its billed charges and the amount Medicare would have paid.

PLAN F EXTRA

MEDICARE (PART B)

MEDICAL SERVICES – PER CALENDAR YEAR

* Once you have been billed \$240 of Medicare-approved amounts for covered services (which are noted with an asterisk), your Part B deductible will have been met for the calendar year.

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
MEDICAL EXPENSES - IN OR OUT OF THE HOSPITAL AND OUTPATIENT HOSPITAL TREATMENT , such as physician's services, inpatient and outpatient medical and surgical services and supplies, physical and speech therapy, diagnostic tests, durable medical equipment.			
First \$240 of Medicare-approved amounts*	\$0	\$240 (Part B deductible)	\$0
Remainder of Medicare-approved amounts	Generally 80%	Generally 20%	\$0
Part B excess charges (above Medicare-approved amounts)	\$0	100%	\$0
BLOOD			
First 3 Pints	\$0	All costs	\$0
Next \$240 of Medicare-approved amounts*	\$0	\$240 (Part B deductible)	\$0
Remainder of Medicare-approved amounts	80%	20%	\$0
CLINICAL LABORATORY SERVICES - TEST FOR DIAGNOSTIC SERVICES			
	100%	\$0	\$0

PLAN F EXTRA

PARTS A & B

* Once you have been billed \$240 of Medicare-approved amounts for covered services (which are noted with an asterisk), your Part B deductible will have been met for the calendar year.

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
HOME HEALTH CARE MEDICARE-APPROVED SERVICES			
Medically necessary skilled care services and medical supplies	100%	\$0	\$0
Durable medical equipment First \$240 of Medicare-approved amounts*	\$0	\$240 (Part B deductible)	\$0
Remainder of Medicare-approved amounts	80%	20%	\$0

OTHER BENEFITS – NOT COVERED BY MEDICARE

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
FOREIGN TRAVEL - NOT COVERED BY MEDICARE Medically necessary emergency care services beginning during the first 60 days of each trip outside the United States.			
First \$250 each calendar year	\$0	\$0	\$250
Remainder of charges	\$0	80% to a lifetime maximum benefit of \$50,000	20% and amounts over the \$50,000 lifetime maximum
BASIC GYM ACCESS THROUGH SILVERSNEAKERS® FITNESS PROGRAM			
	\$0	100%	\$0
PERSONAL EMERGENCY RESPONSE SYSTEM (PERS) - Your PERS benefits are provided by Lifestation.			
<ul style="list-style-type: none"> • One personal emergency response system • Choice of an in-home system or mobile device with GPS/WiFi and fall detection • Monthly monitoring • Necessary chargers and cords 	\$0	100%	\$0

PLAN F EXTRA

Other benefits – not covered by Medicare (continued)

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
VISION SERVICES - Your vision benefits are provided by Vision Service Plan (VSP). This benefit offers one of the largest national networks of independent doctors located in retail, neighborhood, medical, and professional settings. You can lower any out-of-pocket costs by choosing network providers for covered services. Participating providers may be located through an online directory at blueshieldca.com . Click on <i>Find a doctor</i> .			
Comprehensive eye exam once every 12 months	\$0	In-Network: 100% after the \$20 copayment Out-of-Network: Up to \$50 allowance	In-Network: \$20 copay Out-of-Network: All costs above the \$50 allowance
Eyeglass frame once every 24 months	\$0	In-Network: Up to \$100 allowance Out-of-Network: Up to \$40 allowance	In-Network: All costs above the \$100 allowance Out-of-Network: All costs above the \$40 allowance
Eyeglass lenses once every 12 months <ul style="list-style-type: none"> • Single vision • Bifocal • Trifocal • Aphakic, lenticular monofocal, or multifocal 	\$0	In-Network: 100% after the \$25 copayment Out-of-Network Single Vision: Up to \$43 allowance Bifocal: Up to \$60 allowance Trifocal: Up to \$75 allowance Aphakic or lenticular monofocal or multifocal: Up to \$104 allowance	In-Network: \$25 copay Out-of-Network: All costs above the allowance

PLAN F EXTRA

Other benefits – not covered by Medicare (continued)

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
<p>VISION SERVICES - Your vision benefits are provided by Vision Service Plan (VSP). This benefit offers one of the largest national networks of independent doctors located in retail, neighborhood, medical, and professional settings. You can lower any out-of-pocket costs by choosing network providers for covered services. Participating providers may be located through an online directory at blueshieldca.com. Click on <i>Find a doctor</i>.</p>			
<p>Contact lenses (instead of eyeglass lenses) once every 12 months</p> <ul style="list-style-type: none"> • Non-elective (medically necessary) – Hard or Soft – one pair • Elective (cosmetic/convenience) – Hard – one pair • Elective (cosmetic/convenience) – Soft – Up to a three- to six-month supply for each eye based on lenses selected 	<p>\$0</p>	<p>Non-elective In-Network: Up to \$500 allowance after the \$25 copayment</p> <p>Non-elective Out-Of-Network: Non-elective (Hard or Soft): Up to \$200 allowance</p> <p>Elective In-Network: Up to \$120 allowance after the \$25 copayment</p> <p>Elective Out-Of-Network: Up to \$100 allowance</p>	<p>Non-elective and Elective In-Network: \$25 copay</p> <p>Non-elective and Elective Out-Of-Network: All costs above the allowance</p>

PLAN F EXTRA

Other benefits – not covered by Medicare (continued)

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
<p>HEARING AID SERVICES - Your hearing aid services benefits are provided by EPIC Hearing Healthcare (EPIC). This benefit is designed for you to use EPIC network providers. EPIC Participating Providers are listed at blueshieldca.com/HearingAids. If you choose to use out-of-network providers, those services will not be covered. This benefit is separate from diagnostic hearing examinations and related charges as covered by Medicare.</p>			
<p>Hearing aid Benefits every year include:</p> <ul style="list-style-type: none"> • One in-person routine hearing exam • Hearing aid instrument <ul style="list-style-type: none"> ◦ Up to two hearing aids delivered in-person through a network hearing aid provider ◦ Choice of private-labeled Silver (mid-level) or Gold (premium-level) technology hearing aid models ◦ Silver technology hearing aids: <ul style="list-style-type: none"> – available in behind-the-ear and receiver-in-the-ear hearing aid styles only ◦ Gold technology hearing aids: <ul style="list-style-type: none"> – available in multiple styles: in-the-ear, in-the-canal, completely-in-canal, behind-the-ear, and receiver-in-the-ear hearing aid styles – standard ear molds and impressions are available as needed ◦ All technology levels include: <ul style="list-style-type: none"> – one consultation – up to three follow-up visits for hearing aid fitting, consultation, device check, and adjustment for no additional fee within 12 months of purchase 	<p>\$0</p> <p>\$0</p>	<p>100%</p> <p>\$0</p>	<p>\$0</p> <p>Silver Technology Level \$449 per hearing aid</p> <p>Gold Technology Level \$699 per hearing aid</p>

PLAN F EXTRA

Other benefits – not covered by Medicare (continued)

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
<p>HEARING AID SERVICES - Your hearing aid services benefits are provided by EPIC Hearing Healthcare (EPIC). This benefit is designed for you to use EPIC network providers. EPIC Participating Providers are listed at blueshieldca.com/HearingAids. If you choose to use out-of-network providers, those services will not be covered. This benefit is separate from diagnostic hearing examinations and related charges as covered by Medicare.</p>			
<ul style="list-style-type: none"> - charging case for rechargeable battery models or a two-year supply of batteries per hearing aid; and - three-year extended warranty. 			

PLAN G

MEDICARE (PART A)

HOSPITAL SERVICES – PER BENEFIT PERIOD

* A benefit period begins on the first day you receive service as an inpatient in a hospital and ends after you have been out of the hospital and have not received skilled care in any other facility for 60 days in a row.

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
HOSPITALIZATION* - Semiprivate room and board, general nursing, and miscellaneous services and supplies			
First 60 days	All but \$1,632	\$1,632 (Part A deductible)	\$0
61 st through 90 th day	All but \$408 a day	\$408 a day	\$0
91 st day and after: While using 60 lifetime reserve days	All but \$816 a day	\$816 a day	\$0
Once lifetime reserve days are used: • Additional 365 days	\$0	100% of Medicare-eligible expenses	\$0**
• Beyond the additional 365 days	\$0	\$0	All costs
SKILLED NURSING FACILITY CARE* - You must meet Medicare's requirements, including having been in a hospital for at least three days and entered a Medicare-approved facility within 30 days after leaving the hospital.			
First 20 days	All approved amounts	\$0	\$0
21 st through 100 th day	All but \$204 a day	Up to \$204 a day	\$0
101 st day and after	\$0	\$0	All costs
BLOOD			
First 3 Pints	\$0	3 pints	\$0
Additional Amounts	100%	\$0	\$0
HOSPICE CARE			
You must meet Medicare's requirements, including a doctor's certification of terminal illness.	All but very limited copayment/coinsurance for outpatient drugs and inpatient respite care	Medicare Copayment/Coinsurance	\$0

** NOTICE: When your Medicare Part A hospital benefits are exhausted, the insurer stands in the place of Medicare and will pay whatever amount Medicare would have paid for up to an additional 365 days as provided in the policy's "Core Benefits." During this time, the hospital is prohibited from billing you for the balance based on any difference between its billed charges and the amount Medicare would have paid.

PLAN G

MEDICARE (PART B) MEDICAL SERVICES – PER CALENDAR YEAR

* Once you have been billed \$240 of Medicare-approved amounts for covered services (which are noted with an asterisk), your Part B deductible will have been met for the calendar year.

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
MEDICAL EXPENSES - IN OR OUT OF THE HOSPITAL AND OUTPATIENT HOSPITAL TREATMENT , such as physician's services, inpatient and outpatient medical and surgical services and supplies, physical and speech therapy, diagnostic tests, durable medical equipment.			
First \$240 of Medicare-approved amounts*	\$0	\$0	\$240 (Part B deductible)
Remainder of Medicare-approved amounts	Generally 80%	Generally 20%	\$0
Part B excess charges (above Medicare-approved amounts)	\$0	100%	\$0
BLOOD			
First 3 Pints	\$0	All costs	\$0
Next \$240 of Medicare-approved amounts*	\$0	\$0	\$240 (Part B deductible)
Remainder of Medicare-approved amounts	80%	20%	\$0
CLINICAL LABORATORY SERVICES - TEST FOR DIAGNOSTIC SERVICES			
	100%	\$0	\$0

PLAN G

PARTS A & B

* Once you have been billed \$240 of Medicare-approved amounts for covered services (which are noted with an asterisk), your Part B deductible will have been met for the calendar year.

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
HOME HEALTH CARE MEDICARE-APPROVED SERVICES			
Medically necessary skilled care services and medical supplies	100%	\$0	\$0
Durable medical equipment First \$240 of Medicare-approved amounts*	\$0	\$0	\$240 (Part B deductible)
Remainder of Medicare-approved amounts	80%	20%	\$0

OTHER BENEFITS – NOT COVERED BY MEDICARE

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
FOREIGN TRAVEL - NOT COVERED BY MEDICARE Medically necessary emergency care services beginning during the first 60 days of each trip outside the United States.			
First \$250 each calendar year	\$0	\$0	\$250
Remainder of charges	\$0	80% to a lifetime maximum benefit of \$50,000	20% and amounts over the \$50,000 lifetime maximum
BASIC GYM ACCESS THROUGH SILVERSNEAKERS® FITNESS PROGRAM			
	\$0	100%	\$0

PLAN G EXTRA

MEDICARE (PART A)

HOSPITAL SERVICES – PER BENEFIT PERIOD

* A benefit period begins on the first day you receive service as an inpatient in a hospital and ends after you have been out of the hospital and have not received skilled care in any other facility for 60 days in a row.

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
HOSPITALIZATION* - Semiprivate room and board, general nursing, and miscellaneous services and supplies			
First 60 days	All but \$1,632	\$1,632 (Part A deductible)	\$0
61 st through 90 th day	All but \$408 a day	\$408 a day	\$0
91 st day and after: While using 60 lifetime reserve days	All but \$816 a day	\$816 a day	\$0
Once lifetime reserve days are used:	\$0	100% of Medicare-eligible expenses	\$0**
• Additional 365 days			
• Beyond the additional 365 days	\$0	\$0	All costs
SKILLED NURSING FACILITY CARE* - You must meet Medicare's requirements, including having been in a hospital for at least three days and entered a Medicare-approved facility within 30 days after leaving the hospital.			
First 20 days	All approved amounts	\$0	\$0
21 st through 100 th day	All but \$204 a day	Up to \$204 a day	\$0
101 st day and after	\$0	\$0	All costs
BLOOD			
First 3 Pints	\$0	3 pints	\$0
Additional Amounts	100%	\$0	\$0
HOSPICE CARE			
You must meet Medicare's requirements, including a doctor's certification of terminal illness.	All but very limited copayment/coinsurance for outpatient drugs and inpatient respite care	Medicare Copayment/Coinsurance	\$0

** NOTICE: When your Medicare Part A hospital benefits are exhausted, the insurer stands in the place of Medicare and will pay whatever amount Medicare would have paid for up to an additional 365 days as provided in the policy's "Core Benefits." During this time, the hospital is prohibited from billing you for the balance based on any difference between its billed charges and the amount Medicare would have paid.

PLAN G EXTRA

MEDICARE (PART B)

MEDICAL SERVICES – PER CALENDAR YEAR

* Once you have been billed \$240 of Medicare-approved amounts for covered services (which are noted with an asterisk), your Part B deductible will have been met for the calendar year.

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
MEDICAL EXPENSES - IN OR OUT OF THE HOSPITAL AND OUTPATIENT HOSPITAL TREATMENT , such as physician's services, inpatient and outpatient medical and surgical services and supplies, physical and speech therapy, diagnostic tests, durable medical equipment.			
First \$240 of Medicare-approved amounts*	\$0	\$0	\$240 (Part B deductible)
Remainder of Medicare-approved amounts	Generally 80%	Generally 20%	\$0
Part B excess charges (above Medicare-approved amounts)	\$0	100%	\$0
BLOOD			
First 3 Pints	\$0	All costs	\$0
Next \$240 of Medicare-approved amounts*	\$0	\$0	\$240 (Part B deductible)
Remainder of Medicare-approved amounts	80%	20%	\$0
CLINICAL LABORATORY SERVICES - TEST FOR DIAGNOSTIC SERVICES			
	100%	\$0	\$0

PARTS A & B

* Once you have been billed \$240 of Medicare-approved amounts for covered services (which are noted with an asterisk), your Part B deductible will have been met for the calendar year.

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
HOME HEALTH CARE MEDICARE-APPROVED SERVICES			
Medically necessary skilled care services and medical supplies	100%	\$0	\$0
Durable medical equipment First \$240 of Medicare-approved amounts*	\$0	\$0	\$240 (Part B deductible)
Remainder of Medicare-approved amounts	80%	20%	\$0

OTHER BENEFITS – NOT COVERED BY MEDICARE

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
FOREIGN TRAVEL - NOT COVERED BY MEDICARE Medically necessary emergency care services beginning during the first 60 days of each trip outside the United States.			
First \$250 each calendar year	\$0	\$0	\$250
Remainder of charges	\$0	80% to a lifetime maximum benefit of \$50,000	20% and amounts over the \$50,000 lifetime maximum
BASIC GYM ACCESS THROUGH SILVERSNEAKERS® FITNESS PROGRAM			
	\$0	100%	\$0
PHYSICIAN CONSULTATION BY PHONE OR VIDEO THROUGH TELADOC			
	\$0	\$0	\$0 per consult
OVER-THE-COUNTER ITEMS THROUGH CVS Eligible over-the-counter (OTC) items are available through the OTC Items Catalog, at blueshieldca.com/medicareOTC . Limitations may apply. Refer to the OTC Items Catalog for more information.			
Up to two orders per quarter	\$0	Up to \$100 allowance per quarter	All costs above the \$100 allowance per quarter

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
ACUPUNCTURE AND CHIROPRACTIC SERVICES - Your acupuncture and chiropractic services benefits are administered by American Specialty Health Plans of California, Inc. (ASH Plans). The benefits covered under this plan must be received from ASH Participating Providers. ASH Participating Providers may be located through an online directory at blueshieldca.com . Click on <i>Find a doctor</i> .			
Up to 20 visits per calendar year for acupuncture and chiropractic Services combined	Not Covered	100%	\$0

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
VISION SERVICES - Your vision benefits are provided by Vision Service Plan (VSP). This benefit offers one of the largest national networks of independent doctors located in retail, neighborhood, medical, and professional settings. You can lower any out-of-pocket costs by choosing network providers for covered services. Participating providers may be located through an online directory at blueshieldca.com . Click on <i>Find a doctor</i> .			
Comprehensive eye exam once every 12 months	\$0	In-Network: 100% after the \$20 copayment Out-of-Network: Up to \$50 allowance	In-Network: \$20 copay Out-of-Network: All costs above the \$50 allowance
Eyeglass frame once every 24 months	\$0	In-Network: Up to \$100 allowance Out-of-Network: Up to \$40 allowance	In-Network: All costs above the \$100 allowance Out-of-Network: All costs above the \$40 allowance

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
<p>VISION SERVICES - Your vision benefits are provided by Vision Service Plan (VSP). This benefit offers one of the largest national networks of independent doctors located in retail, neighborhood, medical, and professional settings. You can lower any out-of-pocket costs by choosing network providers for covered services. Participating providers may be located through an online directory at blueshieldca.com. Click on <i>Find a doctor</i>.</p>			
<p>Eyeglass lenses once every 12 months</p> <ul style="list-style-type: none"> • Single vision • Bifocal • Trifocal • Aphakic, lenticular monofocal, or multifocal 	\$0	<p>In-Network: 100% after the \$25 copayment</p> <p>Out-of-Network</p> <p>Single Vision: Up to \$43 allowance</p> <p>Bifocal: Up to \$60 allowance</p> <p>Trifocal: Up to \$75 allowance</p> <p>Aphakic or lenticular monofocal or multifocal: Up to \$104 allowance</p>	<p>In-Network: \$25 copay</p> <p>Out-of-Network: All costs above the allowance</p>
<p>Contact lenses (instead of eyeglass lenses) once every 12 months</p> <ul style="list-style-type: none"> • Non-elective (medically necessary) – Hard or Soft – one pair • Elective (cosmetic/convenience) – Hard – one pair • Elective (cosmetic/convenience) – Soft – Up to a three- to six-month supply for each eye based on lenses selected 	\$0	<p>Non-elective In-Network: Up to \$500 allowance after the \$25 copayment</p> <p>Non-elective Out-Of-Network: Non-elective (Hard or Soft): Up to \$200 allowance</p> <p>Elective In-Network: Up to \$120 allowance after the \$25 copayment</p> <p>Elective Out-Of-Network: Up to \$100 allowance</p>	<p>Non-elective and Elective In-Network: \$25 copay</p> <p>Non-elective and Elective Out-Of-Network: All costs above the allowance</p>

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
HEARING AID SERVICES - Your hearing aid services benefits are provided by EPIC Hearing Healthcare (EPIC). This benefit is designed for you to use EPIC network providers. EPIC Participating Providers are listed at blueshieldca.com/HearingAids . If you choose to use out-of-network providers, those services will not be covered. This benefit is separate from diagnostic hearing examinations and related charges as covered by Medicare.			
<p>Hearing aid Benefits every year include:</p> <ul style="list-style-type: none"> • One in-person routine hearing exam • Hearing aid instrument <ul style="list-style-type: none"> ○ Up to two hearing aids delivered in-person through a network hearing aid provider ○ Choice of private-labeled Silver (mid-level) or Gold (premium-level) technology hearing aid models ○ Silver technology hearing aids: <ul style="list-style-type: none"> – available in behind-the-ear and receiver-in-the-ear hearing aid styles only ○ Gold technology hearing aids: <ul style="list-style-type: none"> – available in multiple styles: in-the-ear, in-the-canal, completely-in-canal, behind-the-ear, and receiver-in-the-ear hearing aid styles – standard ear molds and impressions are available as needed ○ All technology levels include: <ul style="list-style-type: none"> – one consultation – up to three follow-up visits for hearing aid fitting, consultation, device check, and adjustment for no additional fee within 12 months of purchase – charging case for rechargeable battery models or a two-year supply of batteries per hearing aid; and – three-year extended warranty. 	<p>\$0</p> <p>\$0</p>	<p>100%</p> <p>\$0</p>	<p>\$0</p> <p>Silver Technology Level \$449 per hearing aid</p> <p>Gold Technology Level \$699 per hearing aid</p>

PLAN N

MEDICARE (PART A)

HOSPITAL SERVICES – PER BENEFIT PERIOD

* A benefit period begins on the first day you receive service as an inpatient in a hospital and ends after you have been out of the hospital and have not received skilled care in any other facility for 60 days in a row.

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
HOSPITALIZATION* - Semiprivate room and board, general nursing, and miscellaneous services and supplies			
First 60 days	All but \$1,632	\$1,632 (Part A deductible)	\$0
61 st through 90 th day	All but \$408 a day	\$408 a day	\$0
91 st day and after: While using 60 lifetime reserve days	All but \$816 a day	\$816 a day	\$0
Once lifetime reserve days are used: • Additional 365 days	\$0	100% of Medicare-eligible expenses	\$0**
• Beyond the additional 365 days	\$0	\$0	All costs
SKILLED NURSING FACILITY CARE* - You must meet Medicare's requirements, including having been in a hospital for at least three days and entered a Medicare-approved facility within 30 days after leaving the hospital.			
First 20 days	All approved amounts	\$0	\$0
21 st through 100 th day	All but \$204 a day	Up to \$204 a day	\$0
101 st day and after	\$0	\$0	All costs
BLOOD			
First 3 Pints	\$0	3 pints	\$0
Additional Amounts	100%	\$0	\$0
HOSPICE CARE			
You must meet Medicare's requirements, including a doctor's certification of terminal illness.	All but very limited copayment/coinsurance for outpatient drugs and inpatient respite care	Medicare Copayment/Coinsurance	\$0

** NOTICE: When your Medicare Part A hospital benefits are exhausted, the insurer stands in the place of Medicare and will pay whatever amount Medicare would have paid for up to an additional 365 days as provided in the policy's "Core Benefits." During this time, the hospital is prohibited from billing you for the balance based on any difference between its billed charges and the amount Medicare would have paid.

PLAN N

MEDICARE (PART B)

MEDICAL SERVICES – PER CALENDAR YEAR

* Once you have been billed \$240 of Medicare-approved amounts for covered services (which are noted with an asterisk), your Part B deductible will have been met for the calendar year.

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
MEDICAL EXPENSES - IN OR OUT OF THE HOSPITAL AND OUTPATIENT HOSPITAL TREATMENT , such as physician's services, inpatient and outpatient medical and surgical services and supplies, physical and speech therapy, diagnostic tests, durable medical equipment.			
First \$240 of Medicare-approved amounts*	\$0	\$0	\$240 (Part B deductible)
Remainder of Medicare-approved amounts	Generally 80%	Balance, other than up to \$20 per office visit and up to \$50 per emergency room visit. The copayment of up to \$50 is waived if the insured is admitted to any hospital and the emergency visit is covered as a Medicare Part A expense.	Up to \$20 per office visit and up to \$50 per emergency room visit. The copayment of up to \$50 is waived if the insured is admitted to any hospital and the emergency visit is covered as a Medicare Part A expense.
Part B excess charges (above Medicare-approved amounts)	\$0	\$0	All costs
BLOOD			
First 3 Pints	\$0	All costs	\$0
Next \$240 of Medicare-approved amounts*	\$0	\$0	\$240 (Part B deductible)
Remainder of Medicare-approved amounts	80%	20%	\$0
CLINICAL LABORATORY SERVICES - TEST FOR DIAGNOSTIC SERVICES			
	100%	\$0	\$0

PLAN N

PARTS A & B

* Once you have been billed \$240 of Medicare-approved amounts for covered services (which are noted with an asterisk), your Part B deductible will have been met for the calendar year.

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
HOME HEALTH CARE MEDICARE-APPROVED SERVICES			
Medically necessary skilled care services and medical supplies	100%	\$0	\$0
Durable medical equipment First \$240 of Medicare-approved amounts*	\$0	\$0	\$240 (Part B deductible)
Remainder of Medicare-approved amounts	80%	20%	\$0

OTHER BENEFITS – NOT COVERED BY MEDICARE

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
FOREIGN TRAVEL - NOT COVERED BY MEDICARE Medically necessary emergency care services beginning during the first 60 days of each trip outside the United States.			
First \$250 each calendar year	\$0	\$0	\$250
Remainder of charges	\$0	80% to a lifetime maximum benefit of \$50,000	20% and amounts over the \$50,000 lifetime maximum
BASIC GYM ACCESS THROUGH SILVERSNEAKERS® FITNESS PROGRAM			
	\$0	100%	\$0

NOTE: The preceding pages are only an outline describing the most important features of our Medicare Supplement plans. Complete information about the plans' benefits, limitations, and exclusions can be found in our Medicare Supplement plan *Evidence of Coverage and Health Service Agreement (Service Agreement)*. The Service Agreement will be your plan contract if you become a Blue Shield member.

Please read the Service Agreement completely. You have the right to receive a copy of the Service Agreement before you enroll, and we will be happy to provide you with a copy upon request.

To request a copy, or if you have questions or need additional information, please call Blue Shield Customer Service at **(800) 248-2341** TTY: **711** for hearing impaired. If you have special healthcare needs, be sure to carefully read the sections of both this summary and the Service Agreement that are relevant to you before you apply for coverage.

Enrolling in our plans

Please reference the enrollment form section of this book.

Be sure to check the information on the application carefully, keep a copy of each page of the application for your files, then mail the original application with your first payment in the enclosed envelope.

Our cashing your check or charging your credit card does not mean your application is approved. Blue Shield will refund your payment if your application is not approved. We will notify you of your effective date of coverage and send you a bill indicating the date your next payment is due if your application is approved.

Who may apply?

If you are 65 or older

You may apply to enroll in any of Blue Shield's Medicare Supplement plans (A, F Extra,* G, G Extra, or N) if:

- You are a resident of the state of California.
- You are enrolled in Medicare Parts A and B, Title 18, Public Law 89-97, at the time you apply.

If you are 64 or younger

You may be able to enroll in a Blue Shield Medicare Supplement plan (A, F Extra, G, G Extra, or N) under the following conditions:

- You are a resident of the state of California.
- You are enrolled in Medicare Parts A and B, Title 18, Public Law 89-97, at the time you apply.
- You qualify for guaranteed acceptance in a Blue Shield of California Medicare Supplement plan according to Blue Shield's guidelines.
- You do not have end-stage renal disease.
- You are enrolled in Medicare Parts A and B, Title 18, Public Law 89-97, at the time you apply.
- You qualify for guaranteed acceptance in a Blue Shield of California Medicare Supplement plan according to Blue Shield's guidelines.
- You do not have end-stage renal disease.

* Plan F Extra is only available to applicants who attained age 65 before January 1, 2020, or first became eligible for Medicare benefits due to disability before January 1, 2020.

Qualifying for guaranteed acceptance

If you qualify for guaranteed acceptance into a Blue Shield Medicare Supplement plan, you will not be required to complete a health statement. If you do *not* qualify for guaranteed acceptance, you will need to complete a health statement and be subject to underwriting.

To qualify for guaranteed acceptance, you must meet certain, specific criteria as outlined in Blue Shield's *Guaranteed Acceptance Guide*, included in the Blue Shield Medicare Supplement plan enrollment kit.

For additional information about qualifying for guaranteed acceptance in a Blue Shield Medicare Supplement plan, please call your agent, or call Blue Shield at **(855) 217-1539**. You may also contact the California Health Insurance Counseling and Advocacy Program (HICAP) for guidance. HICAP provides insurance counseling for California senior citizens. Call HICAP toll-free at **(800) 434-0222** for a referral to your local HICAP office. HICAP is a service provided free of charge by the state of California.

Effective date of coverage

You can expect to receive notice of approval or declination within approximately two weeks after Blue Shield receives your application. Your coverage will be effective at 12:01 a.m. Pacific time on your effective date.

Switching from another plan to a Blue Shield Medicare Supplement plan

If you have a Medicare Advantage or Medicare Advantage Prescription Drug Plan

Most Medicare Supplement plans duplicate the coverage provided by Medicare Advantage Plans. Federal law prohibits Medicare Supplement plans from enrolling anyone who is still enrolled in a Medicare Advantage Plan if the Medicare Supplement coverage would duplicate the coverage provided by the Medicare Advantage Plan.

It works like this: Members of Medicare Advantage Plans agree to access services under the terms of that plan and from the providers who contract with that plan, rather than accessing services under the Original Medicare program. Medicare Advantage Plans contract with the government and receive funds under that contract to provide this coverage to their members. Consequently, enrollees of Medicare Advantage Plans do not have access to coverage under Original Medicare.

Medicare Supplement plans generally provide coverage only for the portion of a claim that is left over after Original Medicare has paid its share. Since Original Medicare generally does not pay for services provided to a Medicare Advantage enrollee, Medicare Supplement plans won't pay toward the

claim either. And, since Original Medicare generally won't pay if a Medicare Advantage Plan member receives services outside their Medicare Advantage Plan's network, the member is usually financially responsible for the full cost of those services.

If you are currently a member of a Medicare Advantage Plan, and would like to enroll in a Medicare Prescription Drug Plan and Blue Shield Medicare Supplement plan, or if you decide to enroll only in a Blue Shield Medicare Supplement plan, it is in your best interest to choose one of the options listed below to disenroll from the Medicare Advantage Plan.

Important note: If you are also planning to enroll in a Medicare Prescription Drug Plan, make sure you enroll in a Medicare Prescription Drug Plan *before* you disenroll from your Medicare Advantage Plan. During the Annual Election Period, disenrolling from your Medicare Advantage Plan will count as your election, and you may have to wait until the next Annual Election Period to be able to enroll in a Medicare Prescription Drug Plan. Enrolling in a

Medicare Prescription Drug Plan will automatically disenroll you from your Medicare Advantage Plan.

If you are only interested in applying for a Medicare Supplement plan without a Medicare Prescription Drug Plan, you may choose one of the options below to disenroll from your Medicare Advantage Plan.

Option 1

Go directly to your Social Security office and disenroll there. If you choose this option, ask for a copy of the disenrollment form, and please fax or mail it to Blue Shield (see below).

Option 2

Call the Centers for Medicare and

Medicaid Services (CMS), the federal agency that administers Medicare, and ask to be disenrolled from your current Medicare Advantage Plan. You can reach the agency at **1-800-MEDICARE**. CMS will either mail or fax you confirmation of termination from your Medicare Advantage Plan. Please forward that termination confirmation to Blue Shield via mail or fax (see below).

Option 3

Submit a written request to your current Medicare Advantage Plan and ask to be disenrolled. You can do this one of two ways:

- Call your Medicare Advantage Plan and ask for a disenrollment form to be sent to you, then complete and return the form to your Medicare Advantage Plan. Keep a copy for your records.
- Send your Medicare Advantage Plan a letter, which includes your name and member ID number, requesting disenrollment. Keep a copy of your letter for your records.

Your disenrollment request will be processed the same month it's received, with an effective date the first of the following month. We will be happy to accept a verbal confirmation from your health plan that you have disenrolled from their plan – just have them call us.

Phone: **(800) 248-2341**

TTY: **711**

Fax: **(844) 266-1850**

Mailing address:

**Blue Shield of California
P.O. Box 3008
Lodi, CA 95241-1912**

This will help ensure that your current Medicare Advantage coverage is terminated and that your Original Medicare coverage, which works in

conjunction with Medicare Supplement coverage, is in place. For that reason, we will work with you to coordinate the effective date of any Medicare Supplement coverage we approve with the date you disenroll from your current Medicare Advantage Plan.

If you are a member of a Medicare Advantage Plan, your disenrollment date from the Medicare Advantage Plan must be confirmed prior to final acceptance. Once your application has been accepted, Blue Shield will establish a coverage effective date for your Medicare Supplement plan.

If you have other health coverage

State laws prevent Blue Shield from enrolling you in a Medicare Supplement plan if you already have coverage, such as an existing Medicare Supplement or employer group plan that the new plan would duplicate.

To help ensure that this doesn't happen, we will coordinate your effective date of coverage under your new Blue Shield Medicare Supplement plan to coincide with disenrollment from your previous health plan.

First, we will notify you that you have been accepted in a Blue Shield Medicare Supplement plan pending verification that your other health coverage has been terminated. Once you have terminated your previous coverage, please submit proof of termination so that we can finalize your acceptance. Please refer to the questions regarding replacement of coverage, which is included in the application.

Billing options

Once you have enrolled in a Blue Shield Medicare Supplement plan, you have several options for plan dues payment.

1. **AutoPay** – Pay your plan dues with Blue Shield's quick and convenient AutoPay program, an automatic electronic transfer on your billing due date from your checking or savings account. There's no check to write and no postage to pay. A record of your payment is included on your bank statement. **Remember, if you choose this option, you can save \$3 off your dues each month.**

AutoPay authorization instructions are included in the application within this enrollment kit.

2. **Monthly billing** – Blue Shield will send you a bill each month.

With Option 2, the bill will tell you the date your payment is due.

The dues you pay or the benefits you receive may change during the year. In either case, Blue Shield will always let you know at least 60 days in advance.

notice of nonpayment and will terminate coverage no sooner than 30 days after the date of the written notice.

You will be liable for all dues accrued while the Service Agreement continues in force including those accrued during this 30-day grace period.

If you wish to terminate the Service Agreement, you are required to give Blue Shield 30 days' notice. Should Blue Shield have plan dues for any period after the date of termination, such dues

will be returned to you within 30 days. Coverage terminates at 11:59 p.m. Pacific time on the 30th day following your request for termination.

The plan is not responsible for any services received after termination unless the subscriber is totally disabled at the time of termination. See your Service Agreement for a description of extension of benefits for disability.

Conditions of coverage

Termination of benefits

Your Service Agreement will not be terminated by Blue Shield for any cause except those outlined in your Service Agreement. These include:

1. You are no longer enrolled in Parts A and B of Medicare
2. Non-payment of dues

Blue Shield may cancel your Service Agreement for failure to pay the required dues.

If the Service Agreement is being cancelled because you failed to pay the required dues when owed, the Plan will send a Notice of Start of Grace Period and will terminate the day following the 30-day grace period. If you fail to pay premiums, the Plan will provide written

Cancellation

Your coverage cannot be canceled for any reason other than those conditions specified above under "Termination of Benefits."

Reinstatement of benefits

If you receive a "Notice of End of Coverage," Blue Shield will allow you two coverage reinstatements per rolling 12-month period, if the amounts owed are paid within 15 days of the date the "Notice of End of Coverage" is mailed to you.

If your request for reinstatement and payment of all outstanding amounts is not received within the required 15 days, you must fill out an application and re-apply for coverage. Members who re-apply for coverage following termination may be

subject to medical underwriting. Call your broker or Blue Shield Customer Service representative at **(800) 248-2341** to request an application. Your coverage will begin on the day the application is approved by Blue Shield.

Renewal provision

Your Blue Shield health coverage is "guaranteed renewable" (it may not be canceled by Blue Shield) and will remain in effect as long as your dues are paid in advance, except under the conditions listed above under "Termination of Benefits" and as outlined in your Service Agreement. Blue Shield may modify or amend the Service Agreement by giving you at least 60 days' prior written notice.

Appeal of an underwriting decision

If you would like to appeal an underwriting decision, contact Customer Service at **(800) 248-2341**.

If you have questions about a service, a provider, your benefits, how to use your plan, or any other matter, you may also contact Customer Service at the number above.

Plan interpretation

Blue Shield shall have the power and discretionary authority to construe and interpret the provisions of the Service Agreement, to determine the benefits of the Service Agreement, and to determine eligibility to receive benefits under the Service Agreement. Blue Shield shall exercise this authority for the benefit of all subscribers entitled to receive benefits under the Service Agreement.

Confidentiality of personal and health information

Blue Shield of California protects the confidentiality/privacy of your personal and health information. Personal and health information includes both medical information and individually identifiable information, such as your name, address, telephone number, or Social Security number. Blue Shield will not disclose this information without your authorization, except as permitted by law.

The Notice of Privacy Practices, which describes how Blue Shield protects your protected health information and individually identifiable information, will be provided to you upon enrollment. Additionally, you can request a copy of our Notice of Privacy Practices by calling Customer Service at **(800) 248-2341**, or by accessing Blue Shield of California's Internet site at **blueshieldca.com** and printing a copy.

If you are concerned that Blue Shield may have violated your confidentiality privacy rights, or you disagree with a decision we made about access to your personal and health information, you may contact us at:

Correspondence address:

Blue Shield of California Privacy Official
P.O. Box 272540
Chico, CA 95927-2540

Toll-free telephone:
(888) 266-8080

Email address:
privacy@blueshieldca.com

Principal exclusions and limitations on benefits

Please note:

Blue Shield Medicare Supplement plans do not cover custodial care in any institution, including a skilled nursing facility. Custodial care includes such services as help with walking, getting in and out of bed, eating, dressing, bathing, and taking medicine.

Unless exceptions to the following exclusions are specifically made in the *Evidence of Coverage and Health Service Agreement* (Service Agreement) for your plan, no benefits are provided for:

1. Services incident to hospitalization or confinement in a health facility primarily for Custodial, Maintenance, or Domiciliary Care; rest; or to control or change a patient's environment.
2. Dental care and treatment, dental surgery, and dental appliances.
3. Examinations for and the cost of eyeglasses and hearing aids, except when covered under Plan F Extra or Plan G Extra.
4. Services for cosmetic purposes.
5. Services for or incident to vocational, educational, recreational, art, dance or music therapy; and unless (and then only to the extent) medically necessary as an adjunct to medical treatment of an underlying medical condition, prescribed by the attending physician, and recognized by Medicare; weight control programs; or exercise programs (with the exception of SilverSneakers® Fitness Program).
6. Blood and plasma, except that this exclusion shall not apply to the first three (3) pints of blood the Subscriber receives in a Calendar Year.
7. Acupuncture, except when covered under Plan G Extra.
8. Physical examinations, except for a one-time "Welcome to Medicare" physical examination if received within the first 12 months of your initial coverage under Medicare Part B, and a yearly "Wellness" exam thereafter; or routine foot care.
9. Routine immunizations except those covered under Medicare Part B preventive services.
10. Services not specifically listed as benefits.
11. Services for which you are not legally obligated to pay, or services for which no charge is made to you.
12. Services for which you are not receiving benefits from Medicare unless otherwise noted in the Service Agreement as a covered service.
13. Vision benefits have limited nationwide access or access outside of California

See the plan *Evidence of Coverage* for information on filing a grievance, your right to seek assistance from the Department of Managed Health Care, and your right to independent medical review.

HICAP
(800) 434-0222

For additional information concerning covered benefits, contact the Health Insurance Counseling and Advocacy Program (HICAP) or your agent. HICAP provides health insurance counseling for California senior citizens.

Blue Shield of California
Medicare Plans
Regional Sales Office
6300 Canoga Ave.
Woodland Hills, CA 91367-2555

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Pending Regulatory Approval

Blue Shield Medicare Supplement plan rates

Blue Shield of California rates effective:
July 1, 2024

Blue Shield of California Medicare Supplement plans

Please take a few minutes to review the information in this booklet.

- Locate your rate..... 3
- Rate table – Regions 1 to 9..... 4
- Rates for Blue Shield dental PPO plan 22

Locate your rate

Several factors determine your rate including where you live, the Medicare Supplemental plan you chose, and your age.

To see the rate you will pay, locate your region, age range, and plan selected in the following rate schedule.

Information about prepaid or periodic charges

Your dues will automatically increase annually and the amount due will be based on your attained age on that date.

If you're applying more than 60 days before your effective date, the rates listed are subject to change.

Enrolling in our plans

Plan F Extra is only available to applicants who attained age 65 before January 1, 2020, or first became eligible for Medicare benefits due to disability before January 1, 2020.

The Notice of New or Innovative Benefits Form contains information about benefits, costs, and premiums of the new or innovative benefits (our Extra benefits) included with your plan. Please visit blueshieldca.com/innovativebenefits to access the form. On the plan documents page, select your plan and click the drop-down menu to view the notice. Please keep this notice with your plan documents for your records. You can also request a copy of the form by contacting us at **(800) 248-2341 (TTY: 711)**. Representatives are available from 8:00 a.m. to 8:00 p.m., 7 days a week, year round.

Region 1

Los Angeles County (except for ZIP codes 91711, 91759, 91765, 91766, 91767, 93535, 93544, 93563, and 93591)

Monthly plan dues – billed and to be paid in advance

The amounts listed are **before** any applicable program savings are applied.

If you are enrolled in the Household Savings Program, your dues will be 7% less than what is listed.¹

Single-party rates

Age range	A	F Extra ³	G	G Extra	N
65	\$125	\$227	\$171	\$188	\$168
66	\$129	\$237	\$179	\$197	\$179
67	\$133	\$247	\$191	\$207	\$183
68	\$139	\$256	\$202	\$218	\$190
69	\$145	\$266	\$213	\$230	\$198
70	\$156	\$275	\$227	\$242	\$211
71	\$167	\$286	\$239	\$256	\$223
72	\$175	\$305	\$256	\$273	\$240
73	\$182	\$323	\$270	\$286	\$257
74	\$196	\$336	\$283	\$298	\$264
75	\$210	\$349	\$294	\$310	\$273
76	\$218	\$380	\$318	\$335	\$292
77	\$226	\$407	\$341	\$358	\$309
78	\$230	\$429	\$355	\$372	\$310
79	\$233	\$458	\$374	\$390	\$316
80	\$241	\$483	\$394	\$410	\$326
81	\$248	\$509	\$413	\$429	\$337
82	\$254	\$521	\$429	\$448	\$345
83	\$260	\$536	\$449	\$465	\$356
84	\$266	\$554	\$466	\$484	\$370
85 and over	\$272	\$577	\$485	\$501	\$385
Under 65 ²	\$544	\$1,149	\$967	\$999	\$767

Tobacco rates – only applies if you’ve used tobacco products in the past 24 months and you are not eligible for guaranteed acceptance

Single-party rates

Age range	A	F Extra³	G	G Extra	N
65	\$149	\$271	\$204	\$224	\$200
66	\$154	\$283	\$214	\$235	\$214
67	\$159	\$295	\$228	\$247	\$218
68	\$166	\$305	\$241	\$260	\$227
69	\$173	\$317	\$254	\$274	\$236
70	\$186	\$328	\$271	\$289	\$252
71	\$199	\$341	\$285	\$305	\$266
72	\$209	\$364	\$305	\$326	\$286
73	\$217	\$385	\$322	\$341	\$307
74	\$234	\$401	\$338	\$356	\$315
75	\$251	\$416	\$351	\$370	\$326
76	\$260	\$453	\$379	\$400	\$348
77	\$270	\$486	\$407	\$427	\$369
78	\$274	\$512	\$424	\$444	\$370
79	\$278	\$546	\$446	\$465	\$377
80	\$288	\$576	\$470	\$489	\$389
81	\$296	\$607	\$493	\$512	\$402
82	\$303	\$622	\$512	\$534	\$412
83	\$310	\$639	\$536	\$555	\$425
84	\$317	\$661	\$556	\$577	\$441
85 and over	\$324	\$688	\$579	\$598	\$459
Under 65²	\$649	\$1,371	\$1,154	\$1,192	\$915

Region 2

Orange County

Monthly plan dues – billed and to be paid in advance

The amounts listed are **before** any applicable program savings are applied.

If you are enrolled in the Household Savings Program, your dues will be 7% less than what is listed.¹

Single-party rates

Age range	A	F Extra ³	G	G Extra	N
65	\$125	\$235	\$175	\$192	\$172
66	\$129	\$243	\$185	\$202	\$179
67	\$133	\$254	\$195	\$213	\$183
68	\$139	\$263	\$206	\$223	\$190
69	\$145	\$272	\$218	\$235	\$198
70	\$156	\$283	\$233	\$249	\$211
71	\$167	\$293	\$245	\$262	\$223
72	\$175	\$313	\$264	\$280	\$240
73	\$182	\$330	\$277	\$294	\$257
74	\$199	\$345	\$289	\$305	\$271
75	\$216	\$360	\$301	\$317	\$283
76	\$224	\$390	\$328	\$343	\$301
77	\$232	\$416	\$351	\$367	\$317
78	\$236	\$440	\$364	\$380	\$318
79	\$240	\$471	\$383	\$400	\$325
80	\$247	\$496	\$402	\$420	\$337
81	\$254	\$519	\$423	\$440	\$349
82	\$260	\$535	\$441	\$458	\$357
83	\$266	\$548	\$460	\$477	\$365
84	\$273	\$569	\$478	\$494	\$380
85 and over	\$279	\$593	\$497	\$514	\$394
Under 65 ²	\$558	\$1,182	\$989	\$1,025	\$786

Tobacco rates – only applies if you’ve used tobacco products in the past 24 months and you are not eligible for guaranteed acceptance

Single-party rates

Age range	A	F Extra³	G	G Extra	N
65	\$149	\$280	\$209	\$229	\$205
66	\$154	\$290	\$221	\$241	\$214
67	\$159	\$303	\$233	\$254	\$218
68	\$166	\$314	\$246	\$266	\$227
69	\$173	\$324	\$260	\$280	\$236
70	\$186	\$338	\$278	\$297	\$252
71	\$199	\$350	\$292	\$313	\$266
72	\$209	\$373	\$315	\$334	\$286
73	\$217	\$394	\$330	\$351	\$307
74	\$237	\$412	\$345	\$364	\$323
75	\$258	\$429	\$359	\$378	\$338
76	\$267	\$465	\$391	\$409	\$359
77	\$277	\$496	\$419	\$438	\$378
78	\$282	\$525	\$434	\$453	\$379
79	\$286	\$562	\$457	\$477	\$388
80	\$295	\$592	\$480	\$501	\$402
81	\$303	\$619	\$505	\$525	\$416
82	\$310	\$638	\$526	\$546	\$426
83	\$317	\$654	\$549	\$569	\$435
84	\$326	\$679	\$570	\$589	\$453
85 and over	\$333	\$707	\$593	\$613	\$470
Under 65²	\$666	\$1,410	\$1,180	\$1,223	\$938

Region 3

San Diego, Sonoma, San Bernardino and Kern counties, and Los Angeles
ZIP codes 91711, 91759, 91765, 91766, 91767, 93535, 93544, 93563, and 93591

Monthly plan dues – billed and to be paid in advance

The amounts listed are **before** any applicable program savings are applied.

If you are enrolled in the Household Savings Program, your dues will be 7% less than what is listed.¹

Single-party rates

Age range	A	F Extra ³	G	G Extra	N
65	\$119	\$213	\$158	\$176	\$155
66	\$123	\$222	\$168	\$185	\$167
67	\$127	\$230	\$178	\$195	\$177
68	\$135	\$238	\$188	\$205	\$186
69	\$142	\$246	\$199	\$215	\$192
70	\$153	\$257	\$212	\$229	\$204
71	\$163	\$267	\$224	\$240	\$216
72	\$171	\$285	\$239	\$256	\$235
73	\$178	\$300	\$251	\$269	\$250
74	\$193	\$312	\$262	\$278	\$259
75	\$207	\$325	\$273	\$289	\$269
76	\$214	\$353	\$297	\$313	\$286
77	\$221	\$378	\$318	\$334	\$299
78	\$225	\$400	\$331	\$346	\$301
79	\$229	\$427	\$347	\$364	\$307
80	\$236	\$450	\$365	\$383	\$319
81	\$243	\$474	\$384	\$400	\$329
82	\$250	\$485	\$400	\$417	\$337
83	\$256	\$497	\$417	\$434	\$347
84	\$262	\$517	\$434	\$451	\$360
85 and over	\$267	\$537	\$450	\$468	\$373
Under 65 ²	\$534	\$1,069	\$898	\$933	\$744

Tobacco rates – only applies if you’ve used tobacco products in the past 24 months and you are not eligible for guaranteed acceptance

Single-party rates

Age range	A	F Extra³	G	G Extra	N
65	\$142	\$254	\$188	\$210	\$185
66	\$147	\$265	\$200	\$221	\$199
67	\$152	\$274	\$212	\$233	\$211
68	\$161	\$284	\$224	\$245	\$222
69	\$169	\$293	\$237	\$256	\$229
70	\$183	\$307	\$253	\$273	\$243
71	\$194	\$319	\$267	\$286	\$258
72	\$204	\$340	\$285	\$305	\$280
73	\$212	\$358	\$299	\$321	\$298
74	\$230	\$372	\$313	\$332	\$309
75	\$247	\$388	\$326	\$345	\$321
76	\$255	\$421	\$354	\$373	\$341
77	\$264	\$451	\$379	\$398	\$357
78	\$268	\$477	\$395	\$413	\$359
79	\$273	\$509	\$414	\$434	\$366
80	\$282	\$537	\$435	\$457	\$381
81	\$290	\$565	\$458	\$477	\$392
82	\$298	\$579	\$477	\$497	\$402
83	\$305	\$593	\$497	\$518	\$414
84	\$313	\$617	\$518	\$538	\$429
85 and over	\$319	\$641	\$537	\$558	\$445
Under 65²	\$637	\$1,275	\$1,071	\$1,113	\$888

Region 4

Riverside and Ventura counties

Monthly plan dues – billed and to be paid in advance

The amounts listed are **before** any applicable program savings are applied.

If you are enrolled in the Household Savings Program, your dues will be 7% less than what is listed.¹

Single-party rates

Age range	A	F Extra ³	G	G Extra	N
65	\$130	\$241	\$179	\$197	\$177
66	\$135	\$250	\$190	\$206	\$189
67	\$140	\$260	\$200	\$218	\$198
68	\$150	\$269	\$213	\$230	\$204
69	\$159	\$281	\$226	\$242	\$211
70	\$171	\$290	\$238	\$256	\$227
71	\$182	\$299	\$253	\$269	\$241
72	\$190	\$321	\$270	\$288	\$261
73	\$197	\$340	\$284	\$301	\$277
74	\$214	\$352	\$296	\$312	\$287
75	\$230	\$367	\$309	\$325	\$297
76	\$238	\$400	\$335	\$352	\$315
77	\$245	\$429	\$359	\$376	\$331
78	\$250	\$452	\$373	\$388	\$333
79	\$254	\$483	\$392	\$410	\$340
80	\$262	\$509	\$414	\$429	\$351
81	\$269	\$535	\$434	\$451	\$363
82	\$275	\$548	\$453	\$471	\$372
83	\$281	\$563	\$473	\$489	\$383
84	\$288	\$584	\$490	\$507	\$398
85 and over	\$295	\$607	\$510	\$527	\$415
Under 65 ²	\$590	\$1,210	\$1,015	\$1,051	\$828

Tobacco rates – only applies if you’ve used tobacco products in the past 24 months and you are not eligible for guaranteed acceptance

Single-party rates

Age range	A	F Extra³	G	G Extra	N
65	\$155	\$288	\$214	\$235	\$211
66	\$161	\$298	\$227	\$246	\$225
67	\$167	\$310	\$239	\$260	\$236
68	\$179	\$321	\$254	\$274	\$243
69	\$190	\$335	\$270	\$289	\$252
70	\$204	\$346	\$284	\$305	\$271
71	\$217	\$357	\$302	\$321	\$288
72	\$227	\$383	\$322	\$344	\$311
73	\$235	\$406	\$339	\$359	\$330
74	\$255	\$420	\$353	\$372	\$342
75	\$274	\$438	\$369	\$388	\$354
76	\$284	\$477	\$400	\$420	\$376
77	\$292	\$512	\$428	\$449	\$395
78	\$298	\$539	\$445	\$463	\$397
79	\$303	\$576	\$468	\$489	\$406
80	\$313	\$607	\$494	\$512	\$419
81	\$321	\$638	\$518	\$538	\$433
82	\$328	\$654	\$540	\$562	\$444
83	\$335	\$672	\$564	\$583	\$457
84	\$344	\$697	\$585	\$605	\$475
85 and over	\$352	\$724	\$608	\$629	\$495
Under 65²	\$704	\$1,444	\$1,211	\$1,254	\$988

Region 5

Santa Barbara, San Joaquin, and Stanislaus counties

Monthly plan dues – billed and to be paid in advance

The amounts listed are **before** any applicable program savings are applied.

If you are enrolled in the Household Savings Program, your dues will be 7% less than what is listed.¹

Single-party rates

Age range	A	F Extra ³	G	G Extra	N
65	\$111	\$197	\$147	\$163	\$144
66	\$115	\$204	\$154	\$172	\$151
67	\$119	\$213	\$163	\$180	\$158
68	\$123	\$219	\$172	\$189	\$168
69	\$127	\$228	\$183	\$200	\$173
70	\$137	\$236	\$196	\$212	\$184
71	\$147	\$245	\$206	\$223	\$196
72	\$155	\$264	\$220	\$237	\$211
73	\$162	\$277	\$233	\$249	\$225
74	\$174	\$288	\$242	\$258	\$233
75	\$185	\$300	\$252	\$269	\$241
76	\$192	\$327	\$274	\$291	\$257
77	\$199	\$349	\$293	\$310	\$271
78	\$203	\$368	\$304	\$320	\$272
79	\$207	\$394	\$321	\$338	\$277
80	\$213	\$414	\$337	\$355	\$287
81	\$219	\$434	\$355	\$371	\$297
82	\$224	\$446	\$369	\$386	\$305
83	\$229	\$458	\$385	\$401	\$312
84	\$234	\$476	\$399	\$416	\$325
85 and over	\$239	\$494	\$415	\$432	\$336
Under 65 ²	\$478	\$985	\$828	\$861	\$670

Tobacco rates – only applies if you’ve used tobacco products in the past 24 months and you are not eligible for guaranteed acceptance

Single-party rates

Age range	A	F Extra³	G	G Extra	N
65	\$132	\$235	\$175	\$194	\$172
66	\$137	\$243	\$184	\$205	\$180
67	\$142	\$254	\$194	\$215	\$188
68	\$147	\$261	\$205	\$225	\$200
69	\$152	\$272	\$218	\$239	\$206
70	\$163	\$282	\$234	\$253	\$220
71	\$175	\$292	\$246	\$266	\$234
72	\$185	\$315	\$262	\$283	\$252
73	\$193	\$330	\$278	\$297	\$268
74	\$208	\$344	\$289	\$308	\$278
75	\$221	\$358	\$301	\$321	\$288
76	\$229	\$390	\$327	\$347	\$307
77	\$237	\$416	\$350	\$370	\$323
78	\$242	\$439	\$363	\$382	\$324
79	\$247	\$470	\$383	\$403	\$330
80	\$254	\$494	\$402	\$424	\$342
81	\$261	\$518	\$424	\$443	\$354
82	\$267	\$532	\$440	\$460	\$364
83	\$273	\$546	\$459	\$478	\$372
84	\$279	\$568	\$476	\$496	\$388
85 and over	\$285	\$589	\$495	\$515	\$401
Under 65²	\$570	\$1,175	\$988	\$1,027	\$799

Region 6

Lake, Lassen, Inyo, and Kings counties

Monthly plan dues – billed and to be paid in advance

The amounts listed are **before** any applicable program savings are applied.

If you are enrolled in the Household Savings Program, your dues will be 7% less than what is listed.¹

Single-party rates

Age range	A	F Extra ³	G	G Extra	N
65	\$108	\$200	\$150	\$168	\$149
66	\$111	\$208	\$158	\$175	\$154
67	\$114	\$218	\$167	\$183	\$158
68	\$120	\$224	\$177	\$193	\$163
69	\$125	\$233	\$187	\$204	\$169
70	\$134	\$242	\$199	\$215	\$180
71	\$143	\$251	\$211	\$228	\$190
72	\$150	\$268	\$224	\$241	\$206
73	\$157	\$282	\$237	\$253	\$214
74	\$169	\$294	\$246	\$263	\$226
75	\$181	\$306	\$257	\$272	\$237
76	\$188	\$332	\$278	\$296	\$252
77	\$194	\$356	\$298	\$316	\$265
78	\$198	\$376	\$310	\$327	\$265
79	\$201	\$402	\$327	\$344	\$271
80	\$207	\$423	\$345	\$361	\$280
81	\$213	\$445	\$361	\$378	\$290
82	\$219	\$455	\$377	\$394	\$298
83	\$224	\$467	\$394	\$411	\$306
84	\$230	\$486	\$408	\$425	\$318
85 and over	\$235	\$504	\$424	\$441	\$331
Under 65 ²	\$470	\$1,007	\$844	\$879	\$660

Tobacco rates – only applies if you’ve used tobacco products in the past 24 months and you are not eligible for guaranteed acceptance

Single-party rates

Age range	A	F Extra³	G	G Extra	N
65	\$129	\$239	\$179	\$200	\$178
66	\$132	\$248	\$188	\$209	\$184
67	\$136	\$260	\$199	\$218	\$188
68	\$143	\$267	\$211	\$230	\$194
69	\$149	\$278	\$223	\$243	\$202
70	\$160	\$289	\$237	\$256	\$215
71	\$171	\$299	\$252	\$272	\$227
72	\$179	\$320	\$267	\$288	\$246
73	\$187	\$336	\$283	\$302	\$255
74	\$202	\$351	\$293	\$314	\$270
75	\$216	\$365	\$307	\$324	\$283
76	\$224	\$396	\$332	\$353	\$301
77	\$231	\$425	\$356	\$377	\$316
78	\$236	\$449	\$370	\$390	\$316
79	\$240	\$480	\$390	\$410	\$323
80	\$247	\$505	\$412	\$431	\$334
81	\$254	\$531	\$431	\$451	\$346
82	\$261	\$543	\$450	\$470	\$356
83	\$267	\$557	\$470	\$490	\$365
84	\$274	\$580	\$487	\$507	\$379
85 and over	\$280	\$601	\$506	\$526	\$395
Under 65²	\$561	\$1,201	\$1,007	\$1,049	\$787

Region 7

Napa, Alameda, Contra Costa, Siskiyou, and Yolo counties

Monthly plan dues – billed and to be paid in advance

The amounts listed are **before** any applicable program savings are applied.

If you are enrolled in the Household Savings Program, your dues will be 7% less than what is listed.¹

Single-party rates

Age range	A	F Extra ³	G	G Extra	N
65	\$114	\$209	\$155	\$171	\$154
66	\$118	\$216	\$164	\$181	\$160
67	\$121	\$226	\$173	\$190	\$164
68	\$135	\$232	\$184	\$199	\$177
69	\$149	\$242	\$195	\$210	\$191
70	\$160	\$251	\$206	\$223	\$204
71	\$171	\$259	\$219	\$233	\$218
72	\$179	\$278	\$233	\$249	\$232
73	\$187	\$293	\$246	\$262	\$245
74	\$202	\$305	\$256	\$272	\$253
75	\$217	\$317	\$267	\$282	\$266
76	\$225	\$345	\$290	\$305	\$287
77	\$232	\$370	\$311	\$325	\$301
78	\$236	\$391	\$323	\$338	\$302
79	\$239	\$418	\$340	\$356	\$306
80	\$247	\$439	\$358	\$373	\$318
81	\$254	\$462	\$376	\$393	\$329
82	\$260	\$473	\$392	\$407	\$339
83	\$266	\$487	\$408	\$425	\$347
84	\$273	\$504	\$423	\$440	\$359
85 and over	\$279	\$526	\$440	\$456	\$374
Under 65 ²	\$558	\$1,048	\$878	\$910	\$746

Tobacco rates – only applies if you’ve used tobacco products in the past 24 months and you are not eligible for guaranteed acceptance

Single-party rates

Age range	A	F Extra³	G	G Extra	N
65	\$136	\$249	\$185	\$204	\$184
66	\$141	\$258	\$196	\$216	\$191
67	\$144	\$270	\$206	\$227	\$196
68	\$161	\$277	\$220	\$237	\$211
69	\$178	\$289	\$233	\$251	\$228
70	\$191	\$299	\$246	\$266	\$243
71	\$204	\$309	\$261	\$278	\$260
72	\$214	\$332	\$278	\$297	\$277
73	\$223	\$350	\$293	\$313	\$292
74	\$241	\$364	\$305	\$324	\$302
75	\$259	\$378	\$319	\$336	\$317
76	\$268	\$412	\$346	\$364	\$342
77	\$277	\$441	\$371	\$388	\$359
78	\$282	\$466	\$385	\$403	\$360
79	\$285	\$499	\$406	\$425	\$365
80	\$295	\$524	\$427	\$445	\$379
81	\$303	\$551	\$449	\$469	\$392
82	\$310	\$564	\$468	\$486	\$404
83	\$317	\$581	\$487	\$507	\$414
84	\$326	\$601	\$505	\$525	\$428
85 and over	\$333	\$628	\$525	\$544	\$446
Under 65²	\$666	\$1,250	\$1,047	\$1,086	\$890

Region 8

All remaining California counties not listed in Regions 1-7 and 9
(includes San Francisco, San Mateo, Fresno, and Santa Clara counties, etc.)

Monthly plan dues – billed and to be paid in advance

The amounts listed are **before** any applicable program savings are applied.

If you are enrolled in the Household Savings Program, your dues will be 7% less than what is listed.¹

Single-party rates

Age range	A	F Extra ³	G	G Extra	N
65	\$110	\$197	\$147	\$163	\$144
66	\$115	\$204	\$154	\$172	\$153
67	\$120	\$213	\$163	\$180	\$163
68	\$123	\$219	\$172	\$189	\$167
69	\$126	\$228	\$183	\$200	\$173
70	\$139	\$236	\$196	\$212	\$186
71	\$151	\$245	\$206	\$223	\$201
72	\$159	\$264	\$220	\$237	\$217
73	\$167	\$277	\$233	\$249	\$229
74	\$179	\$289	\$242	\$258	\$239
75	\$190	\$301	\$252	\$269	\$246
76	\$198	\$328	\$274	\$291	\$263
77	\$206	\$351	\$293	\$310	\$278
78	\$209	\$369	\$304	\$320	\$278
79	\$211	\$396	\$321	\$338	\$283
80	\$218	\$416	\$337	\$355	\$294
81	\$225	\$438	\$355	\$371	\$305
82	\$231	\$448	\$369	\$386	\$313
83	\$236	\$459	\$385	\$401	\$322
84	\$242	\$477	\$399	\$416	\$334
85 and over	\$247	\$496	\$415	\$432	\$347
Under 65 ²	\$494	\$987	\$828	\$861	\$692

Tobacco rates – only applies if you’ve used tobacco products in the past 24 months and you are not eligible for guaranteed acceptance

Single-party rates

Age range	A	F Extra³	G	G Extra	N
65	\$131	\$235	\$175	\$194	\$172
66	\$137	\$243	\$184	\$205	\$183
67	\$143	\$254	\$194	\$215	\$194
68	\$147	\$261	\$205	\$225	\$199
69	\$150	\$272	\$218	\$239	\$206
70	\$166	\$282	\$234	\$253	\$222
71	\$180	\$292	\$246	\$266	\$240
72	\$190	\$315	\$262	\$283	\$259
73	\$199	\$330	\$278	\$297	\$273
74	\$214	\$345	\$289	\$308	\$285
75	\$227	\$359	\$301	\$321	\$293
76	\$236	\$391	\$327	\$347	\$314
77	\$246	\$419	\$350	\$370	\$332
78	\$249	\$440	\$363	\$382	\$332
79	\$252	\$472	\$383	\$403	\$338
80	\$260	\$496	\$402	\$424	\$351
81	\$268	\$523	\$424	\$443	\$364
82	\$276	\$534	\$440	\$460	\$373
83	\$282	\$548	\$459	\$478	\$384
84	\$289	\$569	\$476	\$496	\$398
85 and over	\$295	\$592	\$495	\$515	\$414
Under 65²	\$589	\$1,177	\$988	\$1,027	\$826

Region 9

Sacramento, Amador, Calaveras, Colusa, El Dorado, Tehama, and Marin counties

Monthly plan dues – billed and to be paid in advance

The amounts listed are **before** any applicable program savings are applied.

If you are enrolled in the Household Savings Program, your dues will be 7% less than what is listed.¹

Single-party rates

Age range	A	F Extra ³	G	G Extra	N
65	\$108	\$197	\$147	\$164	\$145
66	\$110	\$205	\$154	\$171	\$153
67	\$112	\$214	\$164	\$179	\$157
68	\$118	\$222	\$174	\$189	\$160
69	\$124	\$229	\$185	\$201	\$161
70	\$133	\$238	\$197	\$212	\$173
71	\$142	\$247	\$207	\$223	\$183
72	\$149	\$263	\$222	\$237	\$198
73	\$155	\$277	\$235	\$251	\$206
74	\$168	\$289	\$243	\$259	\$219
75	\$180	\$301	\$254	\$269	\$227
76	\$187	\$327	\$275	\$291	\$239
77	\$193	\$351	\$296	\$311	\$250
78	\$196	\$371	\$305	\$323	\$252
79	\$199	\$397	\$323	\$338	\$260
80	\$205	\$416	\$339	\$355	\$267
81	\$211	\$439	\$356	\$373	\$274
82	\$216	\$449	\$372	\$388	\$284
83	\$221	\$462	\$388	\$406	\$292
84	\$227	\$479	\$403	\$419	\$304
85 and over	\$233	\$498	\$417	\$435	\$317
Under 65 ²	\$466	\$993	\$832	\$866	\$631

Tobacco rates – only applies if you’ve used tobacco products in the past 24 months and you are not eligible for guaranteed acceptance

Single-party rates

Age range	A	F Extra³	G	G Extra	N
65	\$129	\$235	\$175	\$196	\$173
66	\$131	\$245	\$184	\$204	\$183
67	\$134	\$255	\$196	\$214	\$187
68	\$141	\$265	\$208	\$225	\$191
69	\$148	\$273	\$221	\$240	\$192
70	\$159	\$284	\$235	\$253	\$206
71	\$169	\$295	\$247	\$266	\$218
72	\$178	\$314	\$265	\$283	\$236
73	\$185	\$330	\$280	\$299	\$246
74	\$200	\$345	\$290	\$309	\$261
75	\$215	\$359	\$303	\$321	\$271
76	\$223	\$390	\$328	\$347	\$285
77	\$230	\$419	\$353	\$371	\$298
78	\$234	\$443	\$364	\$385	\$301
79	\$237	\$474	\$385	\$403	\$310
80	\$245	\$496	\$404	\$424	\$319
81	\$252	\$524	\$425	\$445	\$327
82	\$258	\$536	\$444	\$463	\$339
83	\$264	\$551	\$463	\$484	\$348
84	\$271	\$571	\$481	\$500	\$363
85 and over	\$278	\$594	\$497	\$519	\$378
Under 65²	\$556	\$1,185	\$993	\$1,033	\$753

Rates for Blue Shield dental PPO plan

Blue Shield dental rates no dental savings

	Dental PPO 1000	Dental PPO 1500
Individual	\$37.40	\$56.10

Please note: Monthly premiums for the dental plans are in addition to the premium for medical benefits covered by the Blue Shield health plan. However, your client will receive one bill that combines their health and dental premiums.

Endnotes

1. Savings due to increased efficiencies from administering Medicare Supplement plans under this program/service are passed on to the subscriber. Household Savings Program does not apply to tobacco users. Welcome to Medicare Rate Savings does not apply to Plan N.
2. If you are age 64 or younger and do not have end-stage renal disease, you may apply for Blue Shield of California Medicare Supplement coverage as described in Blue Shield's *Guaranteed Acceptance Guide*. Blue Shield of California does not offer coverage if you are age 64 or younger unless you qualify for guaranteed acceptance. The Household Savings Program is not available to those 64 or younger.
3. Plan F Extra is only available to applicants who attained age 65 before January 1, 2020, or first became eligible for Medicare benefits due to disability before January 1, 2020.

HICAP

(800) 434-0222

For additional information concerning covered benefits, contact the Health Insurance Counseling and Advocacy Program (HICAP) or your agent. HICAP provides health insurance counseling for California senior citizens.

**Blue Shield of California
Medicare Plans
Regional Sales Office
6300 Canoga Ave.
Woodland Hills, CA 91367-2555**

Medicare Supplement Plan F Extra

Notice of New or Innovative Benefits

The purpose of this form is to notify consumers of the availability of Medicare Supplement plans offered for sale by Blue Shield of California, which, in addition to the standardized coverage offered by the plan, include new or innovative benefits. For additional details, please contact **(800) 248-2341 (TTY; 711)**, 8:00 a.m. – 8:00 p.m., 7 days a week, year round.

New or Innovative Benefits Added To Medicare Supplement Plan Medicare Supplement Plan F Extra

Description	Your out of pocket costs (In network provider)	Your out of pocket costs (Out of network provider)
Basic Gym Access Through SilverSneakers® Fitness Program		
Exercise, education and social activities with access to: <ul style="list-style-type: none"> • Thousands of fitness locations. • Exercise equipment and SilverSneakers classes. • Social events and activities. • SilverSneakers FLEX™ classes such as yoga, Latin dance, and tai chi. • Live and SilverSneakers On-Demand™ online workout videos. 	\$0	All Costs
Personal Emergency Response System (PERS)		
PERS benefits are provided by Lifestation. <ul style="list-style-type: none"> • One personal emergency response system. • Choice of an in-home system or mobile device with GPS/WiFi and fall detection. • Monthly monitoring. • Necessary chargers and cords. 	\$0	All Costs
Hearing Aids Services		

Hearing aid services benefits are provided by EPIC Hearing Healthcare (EPIC). This benefit is designed for you to use EPIC network providers. EPIC Participating Providers are listed at blueshieldca.com/medicare/providerdirectory. If you choose to use out-of-network providers, those services will not be covered. This benefit is separate from diagnostic hearing examinations and related charges as covered by Medicare.

SilverSneakers is a registered trademark of Tivity Health, Inc. © 2022 Tivity Health, Inc. All rights reserved.

Description	Your out of pocket costs (In network provider)	Your out of pocket costs (Out of network provider)
(continuous from previous page)		
Comprehensive eye exam once every 12 months	\$20 copay	All costs above \$50
Eyeglass frame once every 24 months	All costs above \$100 allowance	All costs above \$40 allowance
Eyeglass lenses once every 12 months <ul style="list-style-type: none"> • Single vision • Bifocal • Trifocal • Aphakic, lenticular monofocal, or multifocal 	\$25 copay	Single vision: All costs above \$43 Bifocal: All costs above \$60 Trifocal: All costs above \$75 Aphakic or lenticular monofocal or multifocal: All costs above \$104
Contact lenses (instead of eyeglass lenses) once every 12 months <ul style="list-style-type: none"> • Non-elective (medically necessary) – Hard or Soft – one pair 	Non-elective (hard or soft): \$25 copay and all costs above \$500	Non-elective (hard or soft): All costs above \$200
<ul style="list-style-type: none"> • Elective (cosmetic/convenience) – Hard – one pair • Elective (cosmetic/convenience) – Soft – Up to a three- to six-month supply for each eye based on lenses selected 	Elective: \$25 copay and all costs above \$120	Elective (hard or soft): All costs above \$100
Total annual premium for new or innovative benefits only:	\$144.00	\$144.00

* Plan F Extra is only available to applicants who attained age 65 before January 1, 2020, or first became eligible for Medicare benefits due to disability before January 1, 2020.

Medicare Supplement Plan G Extra

Notice of New or Innovative Benefits

The purpose of this form is to notify consumers of the availability of Medicare Supplement plans offered for sale by Blue Shield of California, which, in addition to the standardized coverage offered by the plan, include new or innovative benefits. For additional details, please contact **(800) 248-2341 (TTY; 711)**, 8:00 a.m. – 8:00 p.m., 7 days a week, year round.

New or Innovative Benefits Added To Medicare Supplement Plan Medicare Supplement Plan G Extra

Description	Your out-of-pocket costs (In-network provider)	Your out-of-pocket costs (Out-of-network provider)
Basic Gym Access Through SilverSneakers® Fitness Program		
Exercise, education and social activities with access to: <ul style="list-style-type: none"> • Thousands of fitness locations. • Exercise equipment and SilverSneakers classes. • Social events and activities. • SilverSneakers FLEX™ classes such as yoga, Latin dance, and tai chi. • Live and SilverSneakers On-Demand™ online workout videos. 	\$0	All Costs
Acupuncture and Chiropractic Services		
Your acupuncture and chiropractic services benefits are administered by American Specialty Health Plans of California, Inc. (ASH Plans). The benefits covered under this plan must be received from ASH Participating Providers. [ASH] Participating Providers may be located through an online directory at blueshieldca.com . Click on Find a doctor. Up to 20 visits per calendar year for acupuncture and chiropractic services combined.	\$0	All Costs

Hearing Aids Services

Hearing aid services benefits are provided by EPIC Hearing Healthcare (EPIC). This benefit is designed for you to use EPIC network providers. EPIC Participating Providers are listed at blueshieldca.com/medicare/providerdirectory. If you choose to use out-of-network providers, those services will not be covered. This benefit is separate from diagnostic hearing examinations and related charges as covered by Medicare.

SilverSneakers is a registered trademark of Tivity Health, Inc. © 2022 Tivity Health, Inc. All rights reserved.

Description	Your out-of-pocket costs (In-network provider)	Your out-of-pocket costs (Out-of-network provider)
(continuous from previous page)		
Comprehensive eye exam once every 12 months	\$20 copay	All costs above \$50
Eyeglass frame once every 24 months	All costs above \$100 allowance	All costs above \$40 allowance
Eyeglass lenses once every 12 months <ul style="list-style-type: none"> • Single vision • Bifocal • Trifocal • Aphakic, lenticular monofocal, or multifocal 	\$25 copay	Single vision: All costs above \$43 Bifocal: All costs above \$60 Trifocal: All costs above \$75 Aphakic or lenticular monofocal or multifocal: All costs above \$104
Contact lenses (instead of eyeglass lenses) once every 12 months <ul style="list-style-type: none"> • Non-elective (medically necessary) – Hard or Soft – one pair 	Non-elective (hard or soft): \$25 copay and all costs above \$500	Non-elective (hard or soft): All costs above \$200
<ul style="list-style-type: none"> • Elective (cosmetic/convenience) – Hard – one pair • Elective (cosmetic/convenience) – Soft – Up to a three- to six-month supply for each eye based on lenses selected 	Elective: \$25 copay and all costs above \$120	Elective (hard or soft): All costs above \$100
Physician Consultation by Phone or Video Through Teladoc	\$0 per consult	All Costs
Over-the-Counter items through CVS		
Eligible over-the-counter (OTC) items are available through the OTC Items Catalog, at blueshieldca.com/medicareOTC . Limitations may apply. Refer to the OTC Items Catalog for more information. Up to two orders per quarter.	All costs above the \$100 allowance per quarter	All Costs
Total annual premium for new or innovative benefits only:	\$300.00	\$300.00



NOTICES AVAILABLE ONLINE

Nondiscrimination and Language Assistance Services

Blue Shield complies with applicable state and federal civil rights laws. We also offer language assistance services at no additional cost.

View our nondiscrimination notice and language assistance notice: blueshieldca.com/notices. You can also call for language assistance services: **(866) 346-7198 (TTY: 711)**.

If you are unable to access the website above and would like to receive a copy of the nondiscrimination notice and language assistance notice, please call Customer Care at **(888) 256-3650 (TTY: 711)**.

Servicios de asistencia en idiomas y avisos de no discriminación

Blue Shield cumple con las leyes de derechos civiles federales y estatales aplicables. También, ofrecemos servicios de asistencia en idiomas sin costo adicional.

Vea nuestro aviso de no discriminación y nuestro aviso de asistencia en idiomas en blueshieldca.com/notices. Para obtener servicios de asistencia en idiomas, también puede llamar al **(866) 346-7198 (TTY: 711)**.

Si no puede acceder al sitio web que aparece arriba y desea recibir una copia del aviso de no discriminación y del aviso de asistencia en idiomas, llame a Atención al Cliente al **(888) 256-3650 (TTY: 711)**.

非歧視通知和語言協助服務

Blue Shield 遵守適用的州及聯邦政府的民權法。同時，我們免費提供語言協助服務。

如需檢視我司的非歧視通知和語言幫助通知，請造訪 blueshieldca.com/notices。您還可致電尋求語言協助服務：**(866) 346-7198 (TTY: 711)**。

如果您無法造訪上述網站，且希望收到一份非歧視通知和語言幫助通知的副本，請致電客戶服務部，電話：**(888) 256-3650 (TTY: 711)**。

Guaranteed acceptance guide

Blue Shield of California Medicare Supplement plans

If you have recently become eligible for Medicare or lost or ended your health coverage with another plan, you may qualify for guaranteed acceptance in a Blue Shield Medicare Supplement plan in certain situations. This guide will help you determine whether you qualify for guaranteed acceptance. **If you are age 64 or younger with end-stage renal disease, you are not eligible to enroll.**

Important: Please note this guide is only a summary and is intended to help you identify the different situations that may qualify you for guaranteed acceptance in a Blue Shield Medicare Supplement plan. It does not contain all the details of each situation. Please remember that the laws regulating guaranteed acceptance plans change frequently. Please ask your sales representative or your attorney to confirm that you qualify for guaranteed acceptance.

If you and other members of your household are age 65 or older and are accepted in the same benefit plan type, you will save 7% on your monthly dues if coverage is issued under one agreement. Under a household savings agreement, each of you must either qualify for guaranteed acceptance, or be subject to underwriting.

For more information about guaranteed acceptance, please contact your agent or call your Blue Shield sales representative at **(855) 217-1539, (TTY: 711)** for the hearing impaired, 8 a.m. to 8 p.m., 7 days a week from October 1 through March 31 and 8am to 8pm, Monday through Friday, from April 1 to September 30.

If you are already a subscriber, call Customer Service at **(800) 248-2341, (TTY: 711)** for the hearing impaired, 8 a.m. to 8 p.m., seven days a week, year round.

You may also contact the California Health Insurance Counseling and Advocacy Program (HICAP) for guidance. HICAP offers health insurance counseling for California senior citizens. Call HICAP toll-free at **(800) 434-0222** for a referral to your local HICAP office. HICAP is a service provided free of charge by the state of California.

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How to use this guide:

1. If you believe a situation applies to you, review your plan choices and when you can apply.
2. Decide which plan type you want to apply for, based on plan descriptions found in Blue Shield's Summary of Benefits and Provisions booklet.
3. Write the corresponding situation number in the Guaranteed Acceptance section of your application.

If you qualify for guaranteed acceptance, do not complete the Statement of Health or the Authorization for Release of Medical Records sections of the application. If you do not qualify for guaranteed acceptance, you must complete these sections.

4. If you believe you qualify for guaranteed acceptance, please fill out the appropriate supporting information in the Current Insurance Coverage information section of the enrollment form, or attach proof of prior coverage as outlined in the table below.
5. Do not return this guide with your application. Keep it for your reference along with your other important Blue Shield materials.

1

Situation

You are:

- Enrolled in Medicare and age 65 or older; or
- New to Medicare, age 64 or younger, and do not have end-stage renal disease

Your plan choices: Plan A, F Extra,¹ G, G Extra, or N

When to apply

- If you are age 65 or older: Blue Shield must receive your application prior to or within six (6) months, beginning with the first day of the first month in which you are both age 65 or older, and you are enrolled for benefits under Medicare Part B.
- If you are age 64 or younger: Blue Shield must receive your application prior to or within six (6) months of your enrollment in Medicare Part B, or if you are notified retroactively of eligibility for Medicare, within six (6) months of notice of eligibility.

You must supply this documentation

Be sure to fill out the following sections of your enrollment application:

- Medicare Parts A and B effective dates and your Medicare number or Medicare Beneficiary Identifier (MBI).
- In addition, if you are age 64 or younger, you are required to complete all questions in the Current Insurance Coverage information section.

2

Situation

You currently have a Medicare Supplement with Blue Shield or another carrier and want to transfer to a different Medicare Supplement plan 60 days prior to or starting on the first day of your birthday month and ending sixty (60) days after your birthday.

Your plan choices

You have an annual open enrollment period, during which you may transfer to any Blue Shield Medicare Supplement plan that offers benefits equal to or lesser than those provided in your current plan. Call Blue Shield at the number on the previous page to see which plans you qualify for.

When to apply

Blue Shield must receive your application 60 days prior to or starting on the first day of your birthday month and ending sixty (60) days after your birthday.

You must supply this documentation

If you are new to Blue Shield, you must complete the Notice to Applicant Regarding Replacement of Medicare Supplement or Medicare Advantage Coverage (located in the application). You must provide proof of your current plan type/insurance carrier ID card. If you are an existing Blue Shield member, you must complete the Medicare Supplement Plan Transfer Application. Please call Blue Shield (see phone numbers on the first page of this document) to request the Transfer Application.

3

Situation

You enrolled with one of the following:

- A Medicare Advantage Plan;
- A Medicare Cost Plan or similar organization operating under demonstration project authority before April 1, 1999;
- A healthcare prepayment plan; or
- Medicare Select policy;

and any of the following apply:

- The certification of the organization or plan is being terminated;
- The organization is terminating or discontinuing the plan in the service area in which you reside; or
- You are no longer eligible because you moved outside the plan service area.

Your plan choices: Plan A, F Extra,¹ G, G Extra, or N

When to apply

If your coverage is being involuntarily terminated, you may submit your application any time after you receive the notice of termination, but no later than sixty-three (63) days after the date coverage is terminated. However, if you are enrolled in a Medicare Advantage Plan, you must apply within one hundred twenty-three (123) days of the date your coverage is terminated.

You must supply this documentation

Be sure to complete the Current Insurance Coverage information section (including the end date and reason for coverage ending) of your signed Medicare Supplement plan application.² You must provide a copy of the prior coverage termination notice with your name, termination date, and reason or a Certificate of Prior Coverage.

4

Situation

You received notice of termination, or your coverage was terminated from any employer-sponsored health plan, including an employer-sponsored retiree health plan. This includes termination for loss of eligibility due to divorce or death of a spouse.

Your plan choices: Plan A, F Extra,¹ G, G Extra, or N

When to apply

Blue Shield must receive your application within six (6) months of the notice of termination, or if no notice is received, within six (6) months of the date your employer-sponsored health coverage ended.

You must supply this documentation

Be sure to complete the Current Insurance Coverage information section (including the end date) of your signed Medicare Supplement plan application.²

Please supply proof of termination from the employee sponsored health plan.

5

Situation

You enrolled in a Medicare Supplement plan, but you lost coverage because you moved outside the plan's service area.

Your plan choices: Plan A, F Extra,¹ G, G Extra, or N

When to apply

Blue Shield must receive your application within six (6) months of the date coverage is terminated.

You must supply this documentation

Be sure to complete the Current Insurance Coverage information section of your signed Medicare Supplement plan application.² You must also provide documentation to support the reason for termination, and a copy of the prior coverage termination notice with your name, termination date, and reason or a Certificate of Prior Coverage.

6

Situation

During your initial six (6)-month enrollment period for Medicare Part A, you enrolled in a Medicare Advantage Plan, or in a Program of All-Inclusive Care for the Elderly (PACE) provider, and then disenrolled from the plan or program within twelve (12) months of the effective date of that enrollment.

Your plan choices: Plan A, F Extra,¹ G, G Extra, or N

When to apply

If you are voluntarily terminating your coverage, you may submit an application sixty (60) days before the effective date of termination, but no later than sixty-three (63) days after the date coverage is terminated.

You must supply this documentation

Be sure to complete the Current Insurance Coverage information section (including the end date) of your signed Medicare Supplement plan application.² To expedite processing, include documentation of Medicare Advantage Plan termination.

7

Situation

You were enrolled in a Medicare Supplement plan and subsequently enrolled in a Medicare Advantage Plan or with a PACE provider, *and*:

- Your coverage was involuntarily terminated within twelve (12) months of the effective date of enrollment; and
- You then enrolled in another Medicare Advantage Plan or PACE provider plan and disenrolled from that plan within twenty-four (24) months of the effective date with the first plan.

Your plan choices: Plan A, F Extra,¹ G, G Extra, or N; or

- The Medicare Supplement plan you had previously, if it is still offered for sale by that insurer.
-

When to apply

If your coverage is being involuntarily terminated, you may submit your application any time after you receive the notice of termination, but no later than sixty-three (63) days after the date coverage is terminated; however, if you are enrolled in a Medicare Advantage Plan, you must apply within one hundred twenty-three (123) days of the date coverage is terminated.

You must supply this documentation

Be sure to complete the Current Insurance Coverage information section (including the end date and reason for coverage ending) of your signed Medicare Supplement plan application.

Include documentation (prior ID card or billing statement) of prior Medicare Supplement plan type and prior Medicare Advantage Plans when the application is submitted. Provide Medicare Advantage Plan termination after the application is approved.

8

Situation

You are age 65 or older, are enrolled with a PACE provider, and any of the following situations that permit termination of enrollment apply:

- The certification of the organization is being terminated;
- The organization is terminating or discontinuing services in the service area where you reside;
- You are no longer eligible, because you moved outside the service area;
- The organization substantially violated a material provision of the contract with the Centers for Medicare & Medicaid Services (CMS); or
- The organization or its agent materially misrepresented a provision of the program in marketing the contract to you.

Your plan choices: Plan A, F Extra,¹ G, G Extra, or N

When to apply

- If your coverage is being involuntarily terminated, you may submit your application any time after you receive the notice of termination, but no later than sixty-three (63) days after the date coverage is terminated.
- If you are voluntarily terminating your coverage, you may submit an application sixty (60) days before the effective date of termination, but no later than sixty-three (63) days after the date coverage is terminated.

You must supply this documentation

Be sure to complete the Current Insurance Coverage information section (including the end date and reason for coverage ending) of your signed Medicare Supplement plan application. Please supply proof of termination.

Situation

You terminated enrollment in a Medicare Supplement plan and subsequently enrolled, for the first time, in any of the following:

- A Medicare Advantage Plan;
- A Medicare Cost Plan or similar organization operating under demonstration project authority before April 1, 1999;
- A PACE provider; or
- A Medicare Select policy.

You then disenrolled within the first 12 months.

Your plan choices: Plan A, F Extra,¹ G, G Extra, or N

- The Medicare Supplement plan you had previously, if it is still offered for sale by that insurer.

When to apply

If you are voluntarily terminating your coverage, you may submit an application sixty (60) days before the effective date of termination, but no later than sixty-three (63) days after the date coverage is terminated.

You must supply this documentation

Be sure to complete the Current Insurance Coverage information section (including the end date) of your signed Medicare Supplement plan application.

Include documentation (prior ID card or billing statement) of prior Medicare Supplement plan type when the application is submitted. Provide Medicare Advantage Plan termination after the application is approved.

Situation

You terminated enrollment in a Medicare Supplement plan and subsequently enrolled, for the first time, with any of the following:

- A Medicare Advantage Plan;
- A Medicare Cost Plan or similar organization operating under demonstration project authority before April 1, 1999;
- A PACE provider plan; or
- A Medicare Select policy.

However, your coverage was involuntarily terminated within twelve (12) months of the effective date of enrollment. You then enrolled in another similar plan and disenrolled from that plan within twenty-four (24) months of the effective date of the first plan.

Your plan choices: Plan A, F Extra,¹ G, G Extra, or N; or

- The Medicare Supplement plan you had previously, if it is still offered by that issuer.

When to apply

If your coverage is being involuntarily terminated, you may submit your application any time after you receive the notice of termination, but no later than sixty-three (63) days after the date coverage is terminated. However, if you are enrolled in a Medicare Advantage Plan, you must apply within one hundred twenty-three (123) days of the date coverage is terminated.

You must supply this documentation

Be sure to complete the Current Insurance Coverage information section (including the name and end date of your three previous carriers) of your signed Medicare Supplement plan application.

Include documentation (prior ID card or billing statement) of prior Medicare Supplement plan type and prior Medicare Advantage Plans when the application is submitted. Provide Medicare Advantage Plan termination after the application is approved.

11

Situation

You enrolled in an employer-sponsored health plan that supplements Medicare, and either of the following apply:

- The plan either terminates or ceases to provide all of those supplemental health benefits to you; *or*
- The employer no longer provides you with insurance that covers all of the payment for the 20% coinsurance.

Your plan choices: Plan A, F Extra,¹ G, G Extra, or N

When to apply

You may submit an application to Blue Shield during the guaranteed acceptance period, which starts from the later of the following two dates, and ends sixty-three (63) days after the date coverage is terminated:

- The date you received a notice of termination, or if no notice is received, on the date you received notice denying the claim because of termination of benefits; *or*
- The date coverage is terminated.

You must supply this documentation

Be sure to complete the Current Insurance Coverage information section (including the end date and reason for coverage ending) of your signed Medicare Supplement plan application.²

Please supply proof of reduction or termination of benefits.

12

Situation

You are a Medicare-eligible military retiree, spouse, or dependent, and you lost access to healthcare services because:

- The military base closed;
- The military base no longer offers services; *or*
- You relocated.

Your plan choices: Plan A, F Extra,¹ G, G Extra, or N

When to apply

Blue Shield must receive your application within six (6) months of the date you lost access to healthcare services at the military base.

You must supply this documentation

Documentation to support the reason you no longer have access to healthcare services at the military base.

13

Situation

You enrolled in one of the following:

- A Medicare Advantage Plan;
- A Medicare Cost Plan or similar organization operating under demonstration project authority before April 1, 1999;
- A healthcare prepayment plan;
- A Medicare Supplement plan; *or*
- A Medicare Select policy;

but coverage terminated because you demonstrated:

- The company substantially violated a material provision of the contract; *or*
- The company or its agent materially misrepresented a provision of the plan in marketing the contract to you.

Your plan choices: Plan A, F Extra,¹ G, G Extra, or N

When to apply

You may submit an application sixty (60) days before the effective date of termination, but no later than sixty-three (63) days after the date coverage is terminated.

You must supply this documentation

Be sure to complete the Current Insurance Coverage information section (including the end date and reason for coverage ending) of your signed Medicare Supplement plan application.²

Include a detailed letter describing misrepresentation. If enrolled in a Medicare Advantage Plan, include documentation of termination.

Situation

You enrolled in a Blue Shield Medicare Advantage Plan, and Blue Shield either:

- Reduced any of its benefits;
- Increased the amount of cost-sharing or premium; or
- Discontinued (for other than quality of care) a contract with a provider currently furnishing services to you.

Your plan choices: Plan A, F Extra,¹ G, G Extra, or N

When to apply

You may submit an application sixty (60) days before the effective date of termination, but no later than sixty-three (63) days after the date coverage is terminated.

Blue Shield must obtain this verification

You must terminate the Medicare Advantage Plan after the Medicare Supplement application is approved. Blue Shield will verify Medicare Advantage Plan termination within Blue Shield's eligibility system.

Situation

You enrolled in a Medicare Supplement plan, but coverage stopped because:

- The company filed for bankruptcy or is insolvent; or
- Of other involuntary termination of coverage under the contract.

Your plan choices: Plan A, F Extra,¹ G, G Extra, or N

When to apply

You may submit an application to Blue Shield during the guaranteed acceptance period, which starts from the earlier of the following two dates, and ends sixty-three (63) days after coverage terminates:

- The date you receive notice of termination, bankruptcy, insolvency, or other similar notice; or
- The date coverage is terminated.

You must supply this documentation

Be sure to complete the Current Insurance Coverage information section of your signed Medicare Supplement plan application. You must provide a copy of the prior coverage termination notice with your name, termination date, and reason or a Certificate of Prior Coverage.

Situation

You are enrolled in Medicare Part B and have been notified that because of an increase in your income or assets, you meet one of the following:

- You are no longer eligible for Medi-Cal benefits.
- You are eligible only for Medi-Cal benefits with a share-of-cost (and you certify at the time of application with Blue Shield you have not met the share of the cost).

Your plan choices: Plan A, F Extra,¹ G, G Extra, or N

When to apply

Blue Shield must receive your application within six (6) months of the notice of termination or notice is issued that your share-of-cost is increasing due to a change in income/assets.

You must supply this documentation

A copy of the notice of termination due to a change of income/assets from the Medi-Cal program or a copy of the notice that your share-of-cost is increasing due to a change in income/assets from the Medi-Cal Program, along with your certification that you have not met the share-of-cost.

Situation

You enrolled in a Medicare Advantage Plan and that plan either:

- Reduced any of its benefits;
- Increased the amount of cost-sharing or premium; or;
- Discontinued (for other than quality of care) a contract with a provider currently furnishing services to you.

In addition, no Medicare Supplement plan is available from that issuer, a subsidiary of the parent company of the issuer, or a network that contracts with the parent company of the issuer.

Your plan choices: Plan A, F Extra,¹ G, G Extra, or N

When to apply

You may submit an application sixty (60) days before the effective date of termination, but no later than sixty-three (63) days after the date coverage is terminated only during the annual election period (AEP) for a Medicare Advantage plan, except where the Medicare Advantage plan has discontinued its relationship with a provider currently furnishing services to the individual.

You must supply this documentation

Be sure to complete the Current Insurance Coverage information section (including the end date) of your signed Medicare Supplement plan application. You must terminate the Medicare Advantage Plan after the Medicare Supplement application is approved.

To expedite processing include a copy of the annual notice of changes letter.

For discontinued provider relationships, please provide a termination letter from the provider.

Endnotes

1. Plan F Extra is only available to applicants who attained age 65 or first became eligible for Medicare benefits due to disability before January 1, 2020.
2. Blue Shield reserves the right to request a copy of the prior coverage termination notice with your name and termination date, or a Certificate of Prior Coverage.

Dental plan and
package options for
Medicare Supplement
plan members



Dental plan options for Medicare Supplement plan members

Blue Shield of California rates effective: July 1, 2024

Something to smile about

Make the choice, make it Blue Shield

Blue Shield offers two dental plans.

Good reasons to enroll

Dental plan advantages:

- An extensive network of nearly 46,000 general and specialty care dentists in California, and nearly 350,000 nationwide.¹
- Three annual teeth cleanings, annual X-rays, and an oral cancer screening are covered at 100% when using network providers.
- No waiting period for dental checkups, cleanings, fillings, X-rays, or basic services.²
- A wide range of major restorative dental services and procedures, including crowns, endodontics, periodontics, oral surgery, and prosthetics.



Adults age 60 and older have a greater risk of cavities.



The average age of people diagnosed with mouth cancer is 62, according to the American Cancer Society. Because mouth cancer develops without causing pain, early detection is essential. **Our dental PPO plans cover 100% of the cost of an oral cancer screening.**³

Get covered

With Blue Shield's dental plans, you have a choice of coverage that may fit your needs.

Monthly rates effective July 1, 2024:

	Dental PPO 1000	Dental PPO 1500
Individual	\$37.40	\$56.10

Did you know?

You may be surprised to learn that more than 90% of all common diseases have oral symptoms.⁴

Whether you need treatment or just want preventive care, it's never too late to get on track and choose Blue Shield dental coverage to help maintain your overall health.



As we get older and take more medications, we can sometimes forget what those medications are. Something as simple as aspirin – a blood thinner – can end up causing bleeding during and after a dental procedure. **Make sure your dentist has your full medical history and list of medications.**

Choose from two dental plans

With a Blue Shield dental plan, you'll have the freedom to choose any provider you want, but you will save more when you choose a provider in your plan's network. For more details, please refer to the following dental plan charts.

Dental PPO highlights matrix

The following information is intended to help you compare coverage benefits and is a summary only. You should consult the *Dental PPO 1000 and Dental PPO 1500 Evidence of Coverage and Health Service Agreement* for a detailed description of coverage benefits and limitations.

Dental PPO highlights				
	DPPO 1000		DPPO 1500	
Calendar-year deductible (per member)	\$75/person		\$50/person	
Calendar-year maximum	\$1,000 (\$750 may be used for non-network dentist) ⁵		\$1,500 (\$1,000 may be used for non-network dentist) ⁵	
Service	With network dentist	With non-network dentist,⁶ Blue Shield pays:	With network dentist	With non-network dentist,⁶ Blue Shield pays:
Diagnostic and preventive care (not subject to plan deductibles with network dentists; includes an oral cancer screening, routine oral exams, X-rays, and three annual cleanings)	100%	50%	100%	80%
Basic services (includes anesthesia, palliative treatment, and restorative dentistry)	50%	50%	80%	70%
Major services² (12-month waiting period for DPPO 1500 and 6-month waiting period for DPPO 1000 (All plans include crown buildups, endodontics, periodontics, oral surgery, crowns, prosthetics, inlays, onlays, jacket, posts and cores, and veneers. DPPO 1500 also includes implants.)	50%	50%	50%	50%

Household Savings Program

If you are enrolled in a Medicare Supplement plan with household savings, you may enjoy the convenience of a single bill for you and your other household member. Keep the same convenience when you choose your dental plan by matching your dental plan enrollment with your Medicare Supplement plan enrollment. You and your other household member need to select and enroll in the same dental plan.*

Become a member today

If you are applying to become a Medicare Supplement plan member, you can sign up for a Blue Shield dental plan at the same time by selecting a plan on the Medicare Supplement plan application. If you're already a Blue Shield Medicare Supplement plan subscriber or if you are only interested in our dental plans, please fill out a separate application.

If you have questions, contact your Blue Shield agent today or call toll-free **(877) 890-7587 (TTY: 711)**, 8 a.m. to 8 p.m., 7 days a week from October 1 through March 31 and 8 a.m. to 8 p.m., Monday through Friday, from April 1 to September 30.

To find a dentist, or to see if your dentist is in our network, visit **blueshieldca.com** and click *Find a Doctor*. Or, for a list of dentists, call **(888) 679-8928**.



Implants, crowns, and dentures can make dental care for seniors costly.

Start planning for dental care before retirement and take care of your teeth.

* Savings due to increased efficiencies from administering Medicare Supplement plans under this program/service are passed along to the subscriber. Households Savings Program does not apply to Plan N.

Endnotes

- 1 Dental providers in and out of California are available through a contracted dental plan administrator.
- 2 Dental PPO 1500 plan members have a 12-month waiting period, and Dental PPO 1000 dental plan members have a 6-month waiting period for major restorative services and procedures (such as crowns, endodontics, periodontics, oral surgery, and removable or fixed prosthetics). The waiting period may be waived with proof of prior comprehensive coverage.
- 3 "Oral Cancer Screening", <https://www.mayoclinic.org/tests-procedures/oral-cancer-screening/about/pac-20394802>, Mayo Clinic, 2020
- 4 "Oral Health Conditions", <https://www.cdc.gov/oralhealth/conditions/index.html>, CDC, 2020
- 5 Each calendar year, the member is responsible for all charges incurred after the plan has paid these amounts for covered dental services.
- 6 The coinsurance percentage indicated is a percentage of allowed amounts that we pay to providers. Non-network providers can charge more than our allowable amount. When members use non-network providers, they must pay the applicable copayment/coinsurance plus any amount that exceeds our allowable amount. Charges in excess of the allowable amount do not count toward the calendar-year deductible or copayment maximum.